



Child Friendly Nottingham PARTNER UPDATES

THE CHILD FRIENDLY NOTTINGHAM PERCEPTION SURVEY IS NOW CLOSED

The first Nottingham children and young people's perception survey has now closed. Thank you to everyone who encouraged Nottingham children and young people between 7 years old and 18 years old to complete the survey. Also, A big thank you to all the Children and Young people who have completed and filled out the survey.

CHILD RIGHT OF THE MONTH:

As part of our Child Friendly Nottingham Action Plan, we're dedicated to promoting a different child's right each month. We hope you find this resource helpful!

Please tell us if you are doing any activities around the Rights of the Month, we'd love to hear about any activities you're doing around this month's rights! Please share your ideas with us.

The full year's calendar of 'Child Rights of the Month' can be found in the ChalleNGe <u>Cultural-Rucksack</u>.

This Month:

This month, we are **highlighting Article 2** from the United Nations Convention on the Rights of the Child (UNCRC), to celebrate **International Women's Day** on the **8**th **March**.

This links with our CFN Equal and Included Badge.

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Article 2: Non discrimination

• The convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background.

Please find a resource UNICEF UK have put together to help spark conversations and provide activities for children and young people around these important articles. You can find it here: International Women's Day – Article 2









Next Month:

Next month, we will be **highlighting Article 24** from the United Nations Convention on the Rights of the Child (UNCRC), to celebrate **World Health Day** on the **7**th **April**.

This links with our CFN Healthy Badge.



Article 24: Health and Health Services

 Every child has the right to the best possible health. Goverments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy. Richer countries must help poorer countries achieve this.

Please find a resource UNICEF UK have put together to help spark conversations and provide activities for children and young people around these important articles. You can find it here: World Health Day – Article 24

For more information on children's rights, feel free to visit our website.









TRAINING UPDATES

Training dates in 2025

Upcoming Training: An Introduction to Children's Rights in Practice

To support Nottingham's ambition to become a globally recognised Child Friendly City, we are supporting partners across the city to be working to a Child's Rights Based Approach by offering **FREE** training delivered by the UNICEF UK Child Friendly Cities Team.

Join child rights experts from UNICEF UK for a practical and interactive introduction to children's rights as set out in the United Nations Convention on the Rights of the Child.

Please see the upcoming training dates below and email <u>child.friendly@nottinghamcity.gov.uk</u> to book a training space.

March 2025

- Monday 3rd March 2025 MS Teams Online, 10:00am 02:00pm
- April 2025
 Tuesday 1st April 2025 MS Teams Online, 13:30pm 17:30pm

May 2025

Thursday 15th May 2025 – MS Teams Online, 09:00am - 13:00pm

Further 2025 dates for the Children's Rights in Practice Training can be organised if required.







Bespoke Child Rights Training can be organised for teams of 10 colleagues or more. To discuss it with us please email **child.friendy@nottinghamcity.gov.uk**

Would you Like to be a Child Right's Trainer?

UNICEF UK are opening a programme to train the trainer, so we can cascade child rights training to a wider audience. To begin with they are piloting this initiative, so if you are interested in being a trainer at a later date, please contact the Child Friendly Nottingham Team at **child.friendly@nottinghamcity.gov.uk**

CFC Shorts 2025

As part of the Child Friendly City partnership and Nottingham's Child Friendly City programme, the UK Committee for UNICEF (UNICEF UK) Child Friendly Cities and Communities (CFC) Team offer monthly webinar series.

You can find full details in the resource details on our website or by clicking below for full dates and details:

CFN Shorts January - June 2025

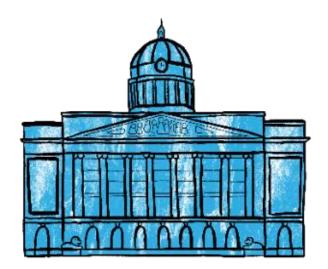
The CFC Shorts are delivered **live online via MS Teams**, with a facilitator from the UNICEF UK CFC team, and will include PowerPoint slides and the opportunity for attendees to ask questions and share reflections. These take place on the **third Wednesday of every month** from **2pm-3pm**. Each one-hour session will offer professionals across the CFC network the opportunity to take a deep dive into discrete areas of child's rights-based practice and the CFC programme.

We will inform you of further CFC Shorts dates in 2025 as they are announced by the UNICEF UK CFC Team















WHAT HAS BEEN HAPPENING?

We want to say a big thank you to Small Steps Big Changes:

Small Steps Big Changes will end in March 2025, and we would like to extend a big thank you for their support, they will leave a great legacy, and they will be missed.

Thank you to SSBC for the funding and support they have provided to Child Friendly Nottingham.



Find out more of SSBC's legacy here: <u>Small Steps Big Changes Stakeholder Briefing</u> OR by clicking the image above.



International Women's Day

8th March was International Women's Day and as part of our **Equal and Included badge**, it is important we highlight the importance of women and girls in our communities, uplifting them to reach their full potentials.



Highlighted by UNCRC **Article 2: Non-discrimination,** we must ensure the voices and rights of Nottingham's our young girls and children are heard as well in order to make sure all youth voice is being listened to, and rights are met.

Are all your young people and children's voices being heard? If not, are you doing anything about it? Did you do anything to celebrate International Women's Day?







Meet the Leaders Event at Nottingham College

Around 50 16–18-year-olds Nottingham College students took part in a question-andanswer session at the college on Friday.

The posed questions to police and crime commissioner: Gary Godden, Nottingham East MP: Nadia Whittome and Nottingham city councillor Sam Lux, the portfolio holder for Carbon reduction, Leisure and culture – all pictured alongside the Child Friendly Nottingham Banner.

After hearing from Tranai Todd, the young CEO of Support Through Sport, the students asked a wide range of questions including asking Nadia what it was like to be the youngest MP, "How do the panellists deal with making decisions that they are not comfortable with?", what one thing would panellists do to make Nottingham a better place for Young People?



While answering the questions directly all of the panellists encouraged young people to get involved, get heard, be active in their communities and if there is something that



young people are concerned about, then they should get involved and do something about it! A bit like Child Friendly Nottingham Children and young people should get their voices heard.

The students produced a questions and comments board about issues which concern them. A full list of what they said will shortly be available.

World Book Day

As a UNESCO City of Literature, Books and reading is a core part of our city's culture as well as Nottingham's **Education and Learning badge**. Lots of Children and Young people from our city celebrate World Book Day.



Books and reading are keyways to engage children and youth development in a fun way. They also Link to *article 29: Goals of Education*, in adding how Children and young people develop personality, talents and abilities to their fullest potential.

Trent University caught up with Dr Emma Vardy: A Senior Lecturer in Developmental Psychology to explore why reading is more than just words on a page and creating safe spaces to read is so important.

You can listen by clicking here: Why is Reading so Important for CYP







UPCOMING DATES / EVENTS:

Events Diary

Event / Description	Date	Time / Location
World Book Day	06 March	<u>World Book Day – Mission</u>
British Science Week	07 – 16 March	British Science Week
International Women's Day	08 March	International Women's Day
International School Meal's Day	13 March	<u>Global Days - Reboot Education</u>
Spring Primary Parliament (schools only)	18 ⁻ 20 March	Primary Parliament ignitefutures
International Day of Happiness	20 March	International Day of Happiness
World Poetry Day	21 March	World Poetry Day – UNICEF Article
The Nottingham Young Creative Awards entries CLOSE	24 March	Young Creative Awards
Youth Power Awards	26 March	To nominate someone: <u>Nominate for Youth</u>
Deadline		Power Awards
Nottingham Music Service: Great Orchestra Experiment	26 March	Great Orchestra Experiment
VRP Hope Hack Questionnaire CLOSE	31 March	Hope Hack Questionnaire
Introduction to Child's Right's in Practise Training	01 April	13:30 - 17:30 (online)
World Autism Awareness Day	02 April	World Autism Awareness Day
International Children's Book Day	02 April	International Children's Book Day - Reboot Education
World Health Day	07 April	World Health Day
International Day for Street Children	12 April	International Day for Street Children - Reboot Education
Introduction to Child's Right's in Practise Training	15 May	09:00 - 13:00 (online)







WHAT'S COMING UP?

The Nottingham Young Creative Awards 2025



LESS THAN ONE WEEK LEFT TO ENTER the YCA

Entries close on the 24th of March...

The Nottingham Young Creative Awards 2025 is open for children and young people, between the ages of 11 and 24 years old to enter. **The deadline for entries is Monday 24th March 2025**. To enter you must live, work or study in Nottingham.

There are 10 creative categories and three age ranges - 11 - 15 years old, 16 - 18 years old and 19 - 24 years old.

People may enter as an individual, as a group, or as a class, study group or club. For more information on the categories and how to enter please go to Young Creative Awards Website.

Make sure to get your project, artwork, or performance submitted by the **24th of March** to be in the running for this year's awards.

Check Terms & Conditions if you are unsure what you can submit.

Enter YCA 2025









MusiQuest 2025 –

On 28th January "MusiQuest: The Rise of the Guardians" an exciting online musical adventure for young people aged 5 – 19 years was launched by **The Nottingham Music Service**. It is an innovative adventure where children and young people are invited to merge music and technology, and schools compete for to stay on top of a leaderboard.

MusiQuest 2025 runs until the start of July 2025

See the trailer and join the quest at <u>Nottingham Music Service MusiQuest 2025</u>. For more info please contact: <u>Aisha.iqbal@nottinghammusichub.org.uk</u>

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Hope Hack Questionnaire

The Violence Reduction Partnership is holding its first-ever Youth-Led event on July 25th. This event will give Nottinghamshire young people a platform to discuss the issues that matter to them and explore potential solutions.



The event will also feature performances by young people for young people. However, before the event takes place, they want to ensure that young people's voices shape it. To achieve this, they have created a short survey and would greatly appreciate your young people taking the time to complete it. Their input will help us focus on the themes that matter most to them, based on the topics they have identified.

Please Click here to access the survey: <u>Hope Hack Questionnaire</u> or scan the QR code



The deadline for completion is 31 March 2025.









Youth Power Awards Deadline

The Youth Power Awards is a celebration of inspirational Young People across Nottinghamshire aged 7-18 years old.

There are 6 main categories:

- Community Champion Award
- Young Performer Award
- Eyrico Steede Award
- Young Leader Award
- Rising Above Adversity Award
- Young Inspiration Award

The winning Prizes include: an iPad, Trophy, £100 gift card and red-carpet awards ceremony experience with guests of their choice. Runner Ups receive a trophy, £50 gift card, red carpet awards ceremony experience with guests of their choice.



To find out more or nominate someone please see the Flyer (pictured) for details. Or click on this link here: <u>Nominate for Youth Power Awards</u>

Deadline to nominate is Wednesday 26th March.

March through March with Travel Well and Go Jauntly

Travel Well is Nottingham's active travel social prescribing project which is supporting people to walk and wheel more in their daily lives.

Travel Well has teamed up with Go Jauntly to bring an exciting challenge to Nottingham to walk 4,000 steps a day or more each day in March.

Click here to explore some routes you could take:

<u>Best Walks in City of Nottingham -</u> <u>Go Jauntly</u>









In this bulletin we regularly share news and information around Child Friendly Nottingham activity and related initiatives.

You are invited to share your updates of Child Friendly Nottingham too. Please email us at <u>child.friendly@nottinghamcity.gov.uk</u> by the **last day of each month** with anything that you want to include in the following month's issue.

We hope that you find it useful and interesting.

