

January 2025
Issue 04



CHILD FRIENDLY NOTTINGHAM PARTNER UPDATES

In this bulletin we will be regularly sharing news and information around Child Friendly Nottingham activity and related initiatives. We invite you to share your updates of Child Friendly Nottingham too. Please email us at child.friendly@nottinghamcity.gov.uk by the last day of each month with anything that you want to include in the following month's issue. We will circulate the CFN Partner Updates at least monthly and more frequently if we feel that we have received enough information and updates.

We hope that you find it useful and interesting.

HAPPY NEW YEAR

The CFN team wishes you all had a Happy New Year.

With the first month almost complete, we hope everyone has had a good start to the year and We hope to continue the amazing work that the partnership has been doing in 2024.

Let's make 2025 a Child Friendly year.

CHILD RIGHT OF THE MONTH:

As part of our Child Friendly Nottingham Action Plan, we're dedicated to promoting a different child's right each month. We hope you find this resource helpful!

Please tell us if you are doing any activities around the Rights of the Month, we'd love to hear about any activities you're doing around this month's rights! Please share your ideas with us through our [CFN Resources](#)

The full year's calendar of 'Child Rights of the Month' can be found in the the ChalleNGe [Cultural-Rucksack](#).



www.childfriendlynottingham.org.uk

This Month:



This month, we are **highlighting Article 29: Goals of Education** from the United Nations Convention on the Rights of the Child (UNCRC), to celebrate **International Day of Education** on the **24th January**. This article says education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.

Please find a resource UNICEF UK have put together to help spark conversations and provide activities for children and young people around these important articles. You can find it here: [International Day of Education – Article 29](#)

For more information on children's rights, feel free to visit our website. We can't wait to see what you're up to!

Next Month:

Next month, we will be **highlighting 3 Articles** from the United Nations Convention on the Rights of the Child (UNCRC), to celebrate **Safer Internet Day** on the **11th February**.

[This links with our CFN Online Safety Outcome from the Safe and Secure Badge.](#)



- **Article 17: Access to information from the media**
 - Every child has the right to reliable information from a variety of sources and governments should encourage the media to provide information that children can understand. Governments must help protect children from materials that could harm them.



- **Article 19: Protection from violence, abuse and neglect**
 - Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.



- **Article 34: Sexual exploitation**
 - Governments must protect children from forms of sexual abuse and exploitation.

Please find a resource UNICEF UK have put together to help spark conversations and provide activities for children and young people around these important articles. You can find it here: [Safer Internet Day – Article 17, 19 and 34](#)

For more information on children's rights, feel free to visit our website.





TRAINING UPDATES

Training dates in 2025

Upcoming Training: An Introduction to Children's Rights in Practice

To support Nottingham's ambition to become a globally recognised Child Friendly City, we are supporting partners across the city to be working to a Child's Rights Based Approach by offering **FREE** training delivered by the UNICEF UK Child Friendly Cities Team.

Join child rights experts from UNICEF UK for a practical and interactive introduction to children's rights as set out in the United Nations Convention on the Rights of the Child.

Please see the upcoming training dates below and email child.friendly@nottinghamcity.gov.uk to book a training space.

❄️ February 2025

❄️ **2 Part Online Introduction Training Session** (this training will be covered in two 2hour sessions – Part A and Part B).

- Part A = Tuesday 4th February 2025 – MS Teams Online, 10:00am - 12:00pm
- Part B = Tuesday 11th February 2025 – MS Teams Online, 10:00am - 12:00pm

❄️ March 2025

❄️ Monday 3rd March 2025 - MS Teams Online, 10:00am - 02:00pm

Bespoke Child Rights Training can be organised for teams of 10 colleagues or more. To discuss it with us please email child.friendly@nottinghamcity.gov.uk

Would you Like to be a Child Right's Trainer?

UNICEF UK are opening a programme to train the trainer, so we can cascade child rights training to a wider audience. To begin with they are piloting this initiative, so if you are interested in being involved in the pilot now or to be a trainer at a later date, please contact the Child Friendly Nottingham Team at

child.friendly@nottinghamcity.gov.uk

The first pilot closing date is Friday 31st January 2025





CFC Shorts 2025

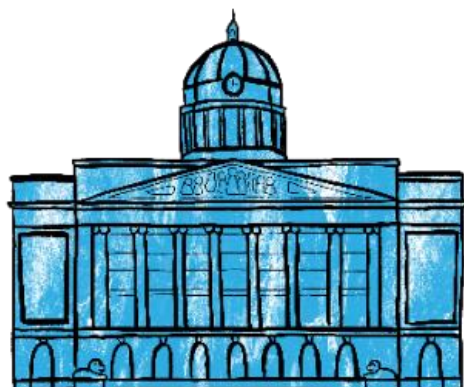
As part of the Child Friendly City partnership and Nottingham's Child Friendly City programme, the UK Committee for UNICEF (UNICEF UK) Child Friendly Cities and Communities (CFC) Team offer monthly webinar series.

You can find full details in the resource details on our website or by clicking below for full dates and details:

 [CFN Shorts January - June 2025](#)

The CFC Shorts are delivered **live online via MS Teams**, with a facilitator from the UNICEF UK CFC team, and will include PowerPoint slides and the opportunity for attendees to ask questions and share reflections. These take place on the **third Wednesday of every month** from **2pm-3pm**. Each one-hour session will offer professionals across the CFC network the opportunity to take a deep dive into discrete areas of child's rights-based practice and the CFC programme.

We will inform you of further CFC Shorts dates in 2025 as they are announced by the UNICEF UK CFC Team



WHAT HAS BEEN HAPPENING?

THE CHILD FRIENDLY NOTTINGHAM PERCEPTION SURVEY

The first Nottingham children and young people's perception survey opened on World Children's Day, the 20th November 2024

Please encourage all Nottingham children and young people under 18 years old to complete the survey.

To help support you in delivering this survey with Children and Young people we have put together a practitioner Toolkit.

PRACTITIONER'S TOOLKIT

The survey will be supported by a [practitioner toolkits](#), to help support children and young people take part, and communications messages to help partners spread the word: This can also be found on the survey page on the Child Friendly Nottingham website.

The CFN survey has been designed to be accessible to the widest possible audience. It is split into **three age groups**: Primary (7-11), Secondary (11-16), and Further Education & Training (16+). The different versions use language and questions appropriate to each cohort.

[Children and Young People's Survey - Nottingham - A Child Friendly City](#)

Meanwhile for 0-7 years, we are working on fun, creative activities designed for use by teachers, early years practitioners and carers, to help capture the views and experiences of the young children they work with.

Article 12 of the UNCRC says that every child has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered seriously.



The CFN Perception Survey has been designed to complement other surveys taking place in Nottingham and build upon the base that we currently have. More information will be published soon on the Child Friendly Nottingham website (link and QR code at the bottom of the page).

You can complete the survey digitally here: [Children and Young People Survey](#)

or by scanning this QR code:



World Children's Day Resource Pack – How you can get involved!

In our previous bulletin we told you about the fun day that took place on World Children's Day (20 November): Children from schools across Nottingham came together to mark the day and to launch Child Friendly Nottingham's children and young people's survey.

The event at the Council House was about fun and interactive activity and was themed around **Your Voice Matters – Get It Heard**.

We have produced a **resource pack** from the activities that were delivered which you can use to develop your own activities and encourage youth voice.



Please contact child.friendly@nottinghamcity.gov.uk if you are interested.



EQUAL AND INCLUDED, GOLDEN THREAD:



Do not forget that we are committed to make Equality and inclusion the golden thread through all of our activities. What does this mean in practise? This means that we need to see how children and young people from the diverse communities across the city take part in our children's rights work and our ambition to be a recognised UNICEF Child Friendly City. It is important that you are able to evidence this in everything that you do.

Please send us your stories about how you have incorporated this badge, and you may see it featured in future issues of this bulletin's.





UPCOMING DATES / EVENTS:

Events Diary

Event / Description	Date	Time / Location
Wicked Writers Competition	13 th January – 28 th February	Wicked Writers: Be the Change National Literacy Trust
International Day of Education	24 January	International Day of Education– Article 29
MusiQuest	28 th January – End of July	MusiQuest 2025 Nottingham Music Hub
National Storytelling Week	Starts 29 th January	National Storytelling Week 2025
Children’s Mental Health Week	Starts 3 rd February	Resources and activities for Children's Mental Health Week
Time to Talk Day	06 February	
Introduction to Child’s Right’s in Practise Training (2 Part Session)	4 th & 11 th February 2025	10:00 - 12:00 (Online)
International Day for Women and Girls in Science Day	11 February	International Day of Women and Girls in Science Official Website
Safer Internet Day	11 February	Safer Internet Day 2025 - UK Safer Internet Centre
Festival Of Science and Curiosity	10 th - 21 st February	Various times and venues. Nottingham Festival of Science and Curiosity
Closing date of Child Friendly Nottingham Perception survey	28 February	Child Friendly Nottingham Perception survey
Nottingham’s Night Light	28 th February & 1 March	Nottingham city centre - Dusk till late Nottingham Light Night 2025 It's in Nottingham
Introduction to Child’s Right’s in Practise Training (Full Session)	3 rd March	10:00 - 14:00 (online)
World Book Day	06 March	World Book Day – Mission
Spring Primary Parliament (schools only)	18 th - 20 th March	Primary Parliament ignitefutures
World Poetry Day	21 March	World Poetry Day – UNICEF Article
The Nottingham Young Creative Awards entries close	24 March	11:59pm





WHAT'S NEXT?

ChalleNGe - Child Friendly Creative City Bid

Our partner organisation ChalleNGe have submitted a placed partnership funding bid to Arts Council England for a 'Child Friendly Creative City'. The bid was submitted on the 6th of January, and we will hear back in about 11 weeks, hopefully successful.

A big thanks to Cathy, Ed and the team for all their hard work with this funding bid.

ChalleNGe has their own school's newsletters. Which you subscribe to by [clicking here](#)
Highlighted Below are a few opportunities mentioned within it.

Be the Change: Wicked Writers Competition

National Literacy Trust

Free to enter

13 Jan – 28 Feb 2025

Could young people 'be the change' in their local community? This is a competition which challenges students aged 9 to 14 to write persuasively about a positive change they would like to see. It supports the Child Friendly Nottingham child-centred approach so do consider capturing the impact your children make as a case-study.

This is fully supported by classroom resources and there are also fantastic prizes on offer. Get involved in Wicked Writers

[Wicked Writers: Be the Change | National Literacy Trust](#)



Voice Box Project

ChalleNGe Nottingham & Child Friendly Nottingham

Above we mentioned our World Children Day Event had multiple activities of which a Voice box in partnership with ChalleNGe was a key highlight. We want to support schools to promote pupil voice through engaging and creative Voice Boxes.

A Voice Box is a fun, uniquely designed post box to encourage pupils to share thoughts, ideas and feedback, anonymously if needed. It is anticipated school leaders will respond to letters demonstrating that children's views are taken seriously. Make your Voice Box in any material you choose. There is also an option for schools to submit a character/front panel design that can be cut out of wood (£110) or cardboard (£85) for schools to decorate (Max size: 4ft x 4ft).

Please capture how your Voice Box is used and any changes your pupils make to their school and/or community. Child Friendly Nottingham would love to hear your impact stories.

Contact: Cathy.mahmood@ntu.ac.uk or Heidi.shewell-cooper@ntu.ac.uk for more information or to book a Voice Box.



Nottingham Festival of Science and Curiosity 2025

The Festival of Science and Curiosity (FOSAC) is a two-week festival aimed to make science accessible to children and families across Nottingham and inspire generations to be curious about the world around us.

This year's festival starts on 17th February until 21st February in several local libraries across the city. There will be engaging and fun activities for CYP to get involved in.

If anyone would like to volunteer, please get in contact with: megan@ignitefutures.co.uk

Nottingham Education Trust



Bursaries available to individuals only

Up to 21 years for City of Nottingham residents

Did you know that young people who pursue interests and hobbies outside of school can benefit from funding?

The Nottingham Education Trust is a locally managed trust which exists to support young people, under the age of 21 and permanently resident in the City of Nottingham, to pursue activities outside of formal education, particularly in Music & the Arts, the Sciences, Languages, Travel and Cultural Experiences, Sports and Outdoor and Adventurous pursuits, who would otherwise not have the opportunity. Eligible young people can apply for bursaries up to £800 in total to fund their projects and the application process is straightforward.



[Click here for more information and to read about the impact for previous recipients](#)

[Click here for the online application](#)

Cultural Rucksack - connections for you!

The Cultural Rucksack Directory brings you over 40 arts organisations and programmes to connect with in Nottingham. You'll find the details of each organisation's core offers, including visits, in-school workshops and resources, to support the planning and delivery of creative and cultural experiences in your school.

Download the PDF version [here](#) and [browse the ChalleNGe website](#) to find ideas and resources.

[Connecting Notts](#) is a website for young people, aged 14+, that helps young people connect with Nottingham's arts organisations and local groups.

The Nottingham Young Creative Awards 2025



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The Nottingham Young Creative Awards 2025 is open for children and young people, between the ages of 11 and 24 years old to enter. **The deadline for entries is Tuesday 25th March 2025.** To enter you must live, work or study in Nottingham.

There are 10 creative categories and three age ranges - 11 – 15 years old, 16 – 18 years old and 19 – 24 years old.

People may enter as an individual, as a group, or as a class, study group or club. For more information on the categories and how to enter please go to [Young Creative Awards](#)

MusiQuest 2025 – Notts Schools Compete With Each Other to Be Crowned Music Quest Champions 2025!

Which school will rise to claim the title of MusiQuest 2025, or will Forest Fields defend their crown for another year?

On 28th January “MusiQuest: The Rise of the Guardians” an exciting online musical adventure for young people aged 5 – 19 years will be launched by **The Nottingham Music Service.**

A cold and mysterious figure threatens to erase music, and young adventurers must strive to save music from destruction by solving a set of musical clues. In this innovative adventure children and young people are invited to merge music and technology. In a game for the 21st century, schools across the city and county will compete to stay on top of the leaderboard, win through to the Boss level and be named the overall MusiQuest winner and be a Guardian of Music.

Music Quest was designed by the staff and students of the Nottingham Music Service, it is a home-grown game which has already caught the imagination of many children and young people across Notts. The Music Service aims to get more people involved this year and to explore its development potential.

See the trailer and join the quest at [Nottingham Music Service MusiQuest 2025.](#)

MusiQuest 2025 launches on 28th January and runs until the start of July 2025

For more info please contact: Aisha.iqbal@nottinghammusichub.org.uk



www.childfriendlynottingham.org.uk



Child Friendly Nottingham Champions

As a part of our programme to be accredited as a Child Friendly City we are encouraging individuals and agencies to become Child Friendly Champions.

Child Friendly Champions are integral to the success of Nottingham's ambition to be recognised as a UNICEF UK Child Friendly City. This is a description of what we think a child friendly champion would do. If you are interested, please get in touch, we are keen to hear from you.

Champions are advocates of the children rights approach and make children's rights a fundamental part of the Nottingham culture joining a CFN network to lead activity which engages children and young people with their views respected and heard across the city of Nottingham in all services.

The key tasks of a CFN Champion are to:

- ✓ Be familiar with UNICEF UK Children's Right programme.
- ✓ Promote the [seven principles](#) of the children's right based approach.
- ✓ Take part in the UUK Child Friendly rights [training](#).
- ✓ Promote the benefits of completing [Children's Rights Impact Assessments](#).
- ✓ Support the programme within their own organisations, developing awareness of Child Friendly Nottingham amongst their colleagues and partners. [Making Nottingham Child Friendly](#)
- ✓ Be familiar with the actions included in the action plan badges and play a role in those which are most relevant to their responsibilities/roles.
- ✓ Keep in touch with the [Child Friendly Nottingham team](#) .
- ✓ Keep evidence of the Child friendly activity that they are involved in/organising. Provide this evidence when requested to by the CFN team. This will help make the case to UUK for Nottingham becoming an acknowledged child friendly city.
- ✓ Be active in the CFN network with colleagues, including attending appropriate events and meetings.
- ✓ Support CFN communications, submit news updates for the CFN Communications channels - website, social media and newsletters.



Practical Examples of Activities the Child Friendly Champions can do.

We think that completing the UUK training is a must.
[Contact us via email](#)

Do a Child Rights Impact Assessment. [Children's Rights Impact Assessments](#). The results of this assessment will give you some ideas and inform your child friendly work. There are a few suggestions (below) of the kind of things that you would include in an impact assessment.

Get advice and share experience if you are unsure what to do or where to start, or if you want ideas around what to do. Do not be afraid to innovate, but don't be tempted to be novel for novelty's sake, we like new stuff but we much prefer things that work.

Engage CYP in consultation around improving and designing

Plan your activity – use the UUK resources.

Look to review your communications with children and young people. Think about the language that you use in your communications. Engage your communications team/ officer if you have one and involve young people in designing your communications.

Keep evidence of your child friendly activity and share your evidence with the CFN team.

Performance measure what matters - how you are getting on engaging with and hearing children's voices.

Tell others about the child friendly work that you are taking part in and invite them to join the CFN network.

Introduce a CYP consultation forum and /or do a simple survey. Ask if children and young people what they think. Ask them if they feel welcome in your business/ services.



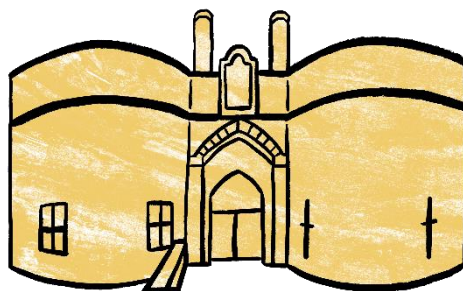


A CHILD RIGHTS IMPACT ASSESSMENT (CRIA).

The best way of understanding the impact your agency is having is to carry out a Child Rights Impact Assessment.

The CRIA is a valuable tool to understand the impact that your services have on children and young people. The full information about CRIAs is available on the [UNICEF website](#). Get in touch with the CFN team when you are planning to do this assessment.

- What does the strategy or service you are reviewing aim to do? Is it specific to children and young people or are there any parts of it which are specific to children or any groups of children and young people? If it isn't should it be?
- What is the likely/actual impact?
- Which UNCRC articles are relevant to the strategy or service?
- How will the strategy/service deliver and/or support and promote children's rights?
- How do you know? Have you included the views and experiences of children and young people?
- How do you plan to ensure that it respects, protects, and fulfils children's rights.
- How are you going to let people know of the outcome of the review? Will you publish the outcome of the review?



Nottingham
City Council

