



Child Friendly Nottingham Updates

CFN Children and Young People Perception Survey 2025 is now LIVE!

Last year Nottingham released it's first ever Children and young people's Perception Survey. We are happy to announce our **2025 Survey is now live** for Children and Young People to fill in and share their views with us again.

It has been designed to be accessible to the widest possible audience, split into three age groups: Primary (7-11), Secondary (11-16), and Further Education & Training (16+). The different versions use language and questions appropriate to each cohort. Please encourage all Nottingham children and young people under 18 years old to complete the survey

You can **complete the survey** here: [Children and Young People Survey](#)

Or by scanning this QR code:



CHILD RIGHT OF THE MONTH:

As part of our Child Friendly Nottingham Action Plan, we're dedicated to promoting a different child's right each month. Please find a link below to access a resource to support your engagement with children and young people. We hope you find this Rights Respecting School resource helpful!



The 'Child Rights of the Month' 2025-2026 Calendar is available in the ChalleNGe [Cultural-Rucksack](#).

Please tell us if you are doing any activities around the Rights of the Month, we'd love to hear about any activities you're doing around children's rights! Please share your ideas with us and tag **#Childfriendlynottingham** on social media.



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This Month:

[Articles 2 & 45 Resource Links](#)

This month, we will continue to **highlight Article 2** to raise awareness for **Anti-Bullying Week** starting on **November 10th** on as well as **Article 45** for **World's Children Day** on the **20th November 2025**.



Article 2: Non-discrimination

The Convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background.



Article 45: Non-governmental organisations, such as UNICEF and other United Nations bodies, can provide advice and assistance on children's rights.

Articles 43–54 are about how adults and governments must work together to make sure all children can enjoy all their rights, and how the convention works.

Article 2 and Anti-bullying Week:



Article 2 the UNCRC focuses on ensuring every child is included and supported in the UNCRC highlighted by our **Equal and Included golden badge** Nottingham's Children and Young people said were important to them. Article 2 focuses on not isolating or excluding any child regardless of their characteristics and background including any protected characteristics.

Anti-Bullying Week, 'Power for Good'

The theme for this year's Anti-bullying week, taking place 10th November – 16th November is the 'power for good'. An activity you can encourage is Odd Socks Day on the Monday, November 10, encouraging participants to wear odd socks to highlight individuality between every child.



It is a theme that serves as a reminder that every child has the right to feel safe, respected and included for who they are without discrimination.





It helps build an inclusive and supportive community for all children and young people without discrimination.

To Find out more you can read here:

[Anti-bullying week and odd socks day](#)

Nottingham's Achieve Well Team have also gathered a range of classroom resources on their [Anti-bullying Padlet](#)

Article 45 and World Children's Day:

World Children's Day 2025 on the **20th October** is back!

Annually, Child Friendly Nottingham and several organisations across the city invite several children and Young People from schools across the city to join us in celebrating the at the Council House. This year is no different, with a new theme. In 2023 we focused on the right to leisure, play and culture and in 2024 The right to vote.



This year our World's Children Day theme is: **A safe and welcoming Nottingham**, supporting **Article 12: Respect for the views of the child.**

To find out more about World children's day you can click below:

[World Children's Day United Nations Website](#)

Next Month:

Next month, **Article 2 and Article 23** will be highlighted for **International Day of People with Disabilities** on **December 3rd** as well as **highlighting Article 14 for Faith Based Festivals**



Article 23: Children with a disability

A child with a disability has the right to live a full and decent life with dignity and, as far as possible, independence and to play an active part in the community. Governments must do all they can to support disabled children and their families.



Article 14: Freedom of thought, belief and religion

Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.



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TRAINING UPDATES

Training dates in 2025

Upcoming Training: **An Introduction to Children's Rights in Practice**

To support Nottingham's ambition to become a globally recognised Child Friendly City, we are supporting partners across Nottingham city to be working to a Child's Rights Based Approach by offering **FREE** training, delivered by the UNICEF UK Child Friendly Cities Team.

Join for a practical and interactive introduction to children's rights as set out in the United Nations Convention on the Rights of the Child.

We are awaiting training dates from UNICEF UK but please contact the CFN Team at child.friendly@nottinghamcity.gov.uk to be added onto our waiting list.



Bespoke Training

Bespoke Child Rights in Practice Training can be organised for teams of 10 colleagues or more.

To discuss it with us please email child.friendly@nottinghamcity.gov.uk

WHAT'S BEEN HAPPENING?

CFN Progress Review Meeting 3 with UNICEF UK Report

Back on the 23rd May Nottingham had it's third review meeting with UNICEF UK Child Friendly Cities team. We have now received the full report back from UNICEF UK.

If you would like more details and to read the report please contact us at child.friendly@nottinghamcity.gov.uk





UPCOMING DATES / EVENTS:

Event / Description	Date	Additional Details
Men's Health Awareness Month	01 November	November 2025 – Men's Health Awareness Month
Children Right's In Practise Training	05 November	Wednesday 5th November 2025 – MS Teams Online, 10:00am - 2:00pm
World Freedom Day	09 November	World Freedom Day 2025
Odd Socks Day	10 November	Odd Socks Day 2025
Anti-bullying Week	10 – 14 November	Anti-Bullying Week 2025 Power for Good
Children Right's In Practise Training	13 November	Thursday 13th November 2025 – MS Teams Online, 9:00am - 1:00pm
World Kindness Day	13 November	World Kindness Day
World Children's Day 2025	20 November	World Children's Day 2025 UNICEF City Council House, 9:00am – 3:00pm
Notts Black Talent Showcase Apply to perform Deadline	21 November	Notts Black Talent - Application Showcase - Friday, 6th December 2025 – Edwards Lane Community Centre - 12pm to 4pm
UK Parliament week	24 – 30 November	UK Parliament's Week Get Involved
International Day for the Elimination of Violence against Women 2025	25 November	End Violence Against women
Eating Grant Deadline	28 November	Eating Grant deadline
International Day of People with Disabilities	03 December	International Day of Persons with Disabilities 2025 December 3, 2025 Awareness Days
Christmas Day	25 December	



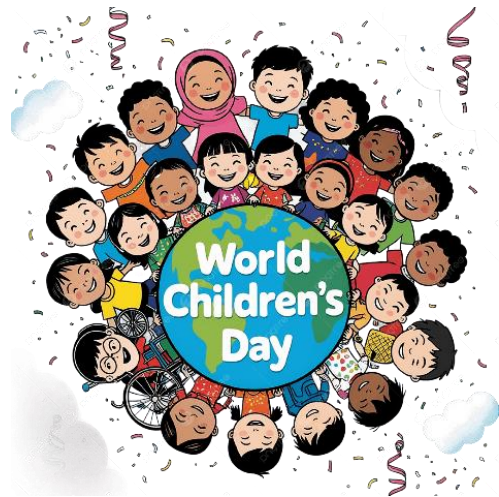
WHAT'S COMING UP?

World Children Day 2025: A safe and welcoming Nottingham

The Child Friendly Nottingham Team is inviting Schools to join us and partners in celebrating this **World's Children Day** on the **20th November** at the **Council House**.

The theme for this year's event is:
A safe and welcoming Nottingham.

To find out more or get involved contact:
child.friendly@nottinghamcity.gov.uk



UK Parliament Week Kits 🚀

The **November 24th – 30th** is UK Parliament Week, this is a chance to empower students, and to encourage them to share their views and voices.

Get involved with **a free kit resource kit**, with multiple resources to engage the Children and Young People you work with.



Marking the tenth anniversary of [UK Parliament's petitions website](#) there is the launch of their new **Petitions Pursuit board game!** A game to help young people understand how petitions work and the steps they can take to get their voices heard on issues they care about.

[Click Here to get involved!](#)



Notts Black Talent Showcase

🌟 Nottinghamshire Police, The Youth Outreach Team, Chayah Project, and the Violence Reduction Partnership are collaborating to host their first-ever Notts Black Talent Event!

📅 **Date: Friday, 6th December**

🕒 **Time: 12pm to 4pm**

📍 **Location: Edwards Lane Community Centre, NG5 6DX**

🎟️ **Bonus: FREE food for all attendees!**

The event will showcase some of Nottingham's incredible up-and-coming talent.

They are also on the lookout for more performers—if you know someone who would love to contribute and take centre stage, registration can be found [here](#).

In addition to the performances, we want a vibrant crowd to:

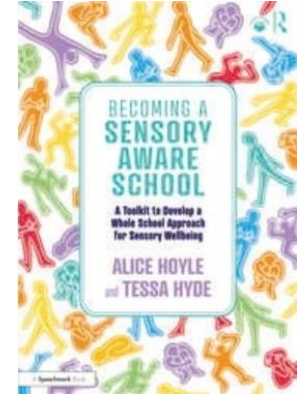
- ✓ Cheer on the amazing talent
- ✓ Engage with Black-owned business stalls showcasing their fantastic products and services
- ✓ Enjoy delicious free food while connecting with the community

Ultimately, this will be an afternoon of celebration, fun, and connection, an event you won't want to miss! 🎉



Sensory Wellbeing Training

The achieve well team are offering a practical workshop for sensory wellbeing training. Taking place on **29th January 2026** from **15.30 to 17.30**, it is designed for those working with children and Young people (particularly teachers) to build awareness of sensory needs and wellbeing.



What the workshop offers:

- What sensory wellbeing really means – and why it matters
- The 8 senses (not just 5!) and how they affect us
- How to spot and understand sensory thresholds and the window of tolerance
- What 'sensory wellbeing' looks like in real life

There are **50 FREE places available** for schools in Nottingham City with free resource. Click for more information and to [Book your place](#).

Free Autism and wellbeing Training

The achieve well team are also offering a **Free Autism and Wellbeing schools training programme**, a two-day course developed by world leaders in the autism field, with resources co-produced by neurodivergent people of all ages.

On the course, you'll increase your understanding of neurodivergence and how to support the mental health of your autistic students. You'll also learn about:

- impact of autism myths and stereotypes
- communication and sensory differences between autistic and non-autistic children and young people
- causes and impacts of masking, meltdown and shutdown, and autistic burnout
- promoting wellbeing for autistic students and staff.



Funding criteria

Funded places are available for staff from mainstream primary and secondary schools working in KS2, 3 or 4. Each school that completes the programme will receive £150 to support their participation.

Find out more by emailing:

autism.schools@annafreud.org





End Violence Against Women Campaign 2025

This November, schools are encouraged to join the End Violence Against Women campaign, helping pupils learn about respect, equality and positive relationships. Take action by organising a walk, awareness day or classroom discussion to show support and raise awareness.

Please click the link to [Find out more](#)

You can find resources to tackle misogyny and misandry on [our Padlet](#).



Eating Grant deadline

Nottingham City schools can apply for funding to support pupil-led, sustainable projects that improve access to healthy food and boost wellbeing. Don't miss your chance to secure support for facilities, equipment, or garden spaces. [Apply here](#).

Deadline: Friday 28 November 2025.

Need ideas? Be inspired by these pupil-led success stories:

- **George Abbot School (Surrey)** – Students formed a *School Food Champions* group that improved menus and led food-culture campaigns. [Read more](#)
- **Batley Girls' High School (West Yorkshire)** – Used the *Food for Life* model to embed pupil voice into a full-school healthy eating approach. [Read more](#)
- **Meadowlands Primary School (Hampshire)** – Pupils helped transform their school meal experience through food education and inclusive menus. [Read more](#)





Travel Well

Nottingham was selected as part of a national trial to help promote more active lifestyles. This links to CFN [Healthy badge](#).

The trial will give healthcare professionals and social prescribers the ability to refer patients to services that promote walking, cycling and wheeling delivered within the community.

The project will take place around Aspley, Beechdale, Bilborough, Bulwell, Sneinton, St Ann's and Strelley.

For more information, click below:

[Nottingham Travel Well](#)



CFN Monthly Bulletins

Within our bulletin's, we regularly share news and information around Child Friendly Nottingham activity and related initiatives.

Please email us at child.friendly@nottinghamcity.gov.uk by the **last day of each month** with anything that you want to include in the following month's issue.

We hope that you find our bulletins useful and interesting.

