



Child Friendly Nottingham Updates

SEASONS GREETINGS TO THE CFN NETWORK

Thank you for your continued partnership. Warmest wishes for a joyful holiday season, we wish you all the best in 2026 and a bright happy New Year.



Nottingham's Children and Young People's Perception Survey for 2025 is LIVE!

We are happy to announce the **2025 Children and Young People's Perception Survey is now live**.

Please encourage all Nottingham's children and young people under 18 years of age to complete the survey and share their views with us again.

Follow this link to the survey: 2025 Children and Young People Survey



Nottingham's Children's Survey (7-11's)

Nottingham's Youth Survey (11-16's)

Nottingham's Young People's Survey (16-



or by scan this QR code:







CHILD RIGHT OF THE MONTH:

As part of our Child Friendly Nottingham Action Plan, we're dedicated to promoting a different child's right each month. Please find a link below to access a resource to support your engagement with children and young people. We hope you find this Rights Respecting School resource helpful!



The 'Child Rights of the Month' 2025-2026 Calendar is available in the ChalleNGe <u>Cultural-Rucksack</u>.

Please tell us if you are doing any activities around the Rights of the Month, we'd love to hear about any activities you're doing around children's rights! Please share your ideas with us and tag #Childfriendlynottingham on social media.

This Month - December 2025:

Articles 2 and Article 23 and 14 Resource Links

This month, we continue to highlight Article 2 along with Article 23 to raise awareness for International Day of People with Disabilities on December 3rd as well as Article 14 for Faith Based Festivals.



Article 23: Children with a disability

A child with a disability has the right to live a full and decent life with dignity and, as far as possible, independence and to play an active part in the community. Governments must do all they can to support disabled children and their families.



Article 14: Freedom of thought, belief and religion

Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.







Article 23 and International Day of People with Disabilities:



Article 23 of the UNCRC focuses on ensuring children with disabilites both visible and hidden are able to live with dignity like any other child. People with disbailities face barriers and challenges across several areas of their lives. This Article is integrated through our Equal and Included golden thread.

International Day of People with Disabilities

This year's theme for International Day of People with Disabilities (03/12/2025) is 'Fostering disability inclusive societies for advancing social progress'.



Social development has three core themes:

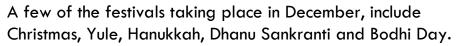
- social integration
- poverty eradication
- promotion of full and productive employment and decent work for all

We all have a duty to ensure children and young people with disabilities feel like a part of society and not an after-thought. We should be conscious of space and check if it is accessible for all children and young people or could you possibly be excluding someone? This applying to both visible and invisible disabilities.

Further information: Day of persons with disabilities 2025 UN Article

Article 14 and Faith Based Festivals:

It's that time of year again when there are several faith-based festivals. So, we want to highlight **Article 14: Freedom of Thought, Belief and Religion.**





Every Child has the right to express their beliefs and religions and celebrate them without judgement or fear.

Next Month:

Next month, Articles 2, 19, 37 and 38 will be highlighted for Holocaust Memorial Day on 27th January 2026.







TRAINING UPDATES

New Training Dates for 2026!!!!

Upcoming Training: An Introduction to Children's Rights in Practice

To support Nottingham's ambition to become a globally recognised Child Friendly City, we are supporting colleagues and partners across Nottingham city to be working to a Child's Rights Based Approach by offering **FREE** training, delivered by the UNICEF UK Child Friendly Cities Team.

Join for a practical and interactive introduction to child's rights as set out in the United Nations Convention on the Rights of the Child.



January 2026

🏽 Thursday 15th January 2026 — MS Teams Online, 10:00am - 2:00pm

March 2026

Wednesday 11th March 2026 - MS Teams Online, 10:00am - 2:00pm

<u>Upcoming Training</u>: Children's Rights in Practice: Policy and Strategy (Child Rights Impact Assessment Training)

This flagship training course is designed to help ensure decisions are guided by children's rights and ultimately lead to better outcomes for children and young people.

March 2026

Thursday 12th March 2026 – MS Teams Online, 10:00am - 11:30am

Further dates for the Children's Rights in Practice Training will be featured as they become available.

Please contact the CFN Team at child.friendly@nottinghamcity.gov.uk to book a place or to be added onto our waiting list.







WHAT'S BEEN HAPPENING?

CFN Progress Review Meeting 3 with UNICEF UK Report



Back on the 23rd May Nottingham had it's third review meeting with UNICEF UK Child Friendly Cities team. We have now received the full report back from UNICEF UK.

If you would like more details and to read the report please contact us at

child.friendly@nottinghamcity.gov.uk

World Children Day 2025: A Safe and Welcoming Nottingham

On Thursday 20th November the Child Friendly Nottingham Team invited young people's community groups, Alternative Provisions and some local Schools from across the city to join us and partners in celebrating World's Children Day 2025 at the Council House.



The theme for this year's event was:

A Safe and Welcoming Nottingham City Centre.



The children and young people took part in various activities where they told us about where they feel safe and unsafe in the city centre, what things they do in the city, improvements needed and they voted their priorities for city leaders. The Pupils from Stone Soup Academy also shared a podcast they had participated in, filmed and edited where they shared their

thoughts on Nottingham.

The event would not have been as successful without the voices and input from our children and young people; they shaped the day and gave City leaders an insight into Nottingham. A big thank to our colleagues, partners and Champions







for their hard work from Nottingham City Council, It's In Nottingham Foundation, City Arts, Stone Soup Academy, EPIC, the Pythian Club, the Bestwood Partnership, Evolve and Equation.



Further details and the insights from the children and young people will be published in a Child Friendly Nottingham report. This will be available on the CFN website early 2026.

Local Youth Transformation - Young Futures Hub Survey

Alongside the CFN survey Nottingham City are working in partnership with the Department for Culture, Media and Leisure to review youth services across Nottingham City. The Local Youth Transformation team aims to bring together mental health support, careers advice, youth activities, and practical help.

Please encourage children and young people to complete this survey as well so we can hear their vice on what they want in the city.

Click for the Survey Link: Your Voice, Your Space. Creating a
Young Futures Hub for the Community

Or click the QR Code on right:









UPCOMING DATES / EVENTS:

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Event / Description	Date	Additional Details
International Day of People	03 December	International Day of Persons with Disabilities
with Disabilities	100	2025 December 3, 2025,
Human Rights Day	10 December	Human Rights Day
Holiday Activities and Food	19 December	Winter HAF Holiday Clubs
(Fun and food sessions)	– 2 January	
Winter Solstice	21 December	Winter Solstice
Christmas Day	25 December	<u>Christmas Day</u>
New Years Day	01 January	New Year's Day
World Braille Day	04 January	World Braille Day
Child Rights In Practice Training	15 January	Thursday 15 th January 2026 – MS Teams Online, 10:00am - 2:00pm
Young Futures Hub Survey Deadline	16 January	Your Voice, Your Space. Creating a Young Futures Hub for the Community Survey
Martin Luther King, Jr. Day	19 January	Martin Luther King, Jr. Day
International Day of Education	24 January	International Day of Education United Nations
International Day of Clean Energy	26 January	International Day of Clean Energy
Holocaust Memorial Day	27 January	International Day of Commemoration in memory of the victims of the Holocaust United Nations
Achieve well Sensory Wellbeing Training	29 January	Sensory Wellbeing Training 29th January 2026 15.30 to 17.30
Child Rights In Practice Training	11 March	Wednesday 11 th March 2026 – MS Teams Online, 10:00am - 2:00pm
Child Rights Impact Assessment Training (Policy and Strategy)	12 March	Thursday 12 th March 2026 – MS Teams Online, 10:00am – 11:3am







WHAT'S COMING UP?

Winter HAF Activites

The winter holidays are here.

Click the image below to find full details on the Holiday Activity Fund Fun and food sessions going on across the city for children and young people:



Voice of The Youth Forum Event 2026

- Tuesday 24th March 2026
- Nottingham's Broadway Cinema
- 10:30 AM 3:00 PM

Nottinghamshire Police are hosting a **FREE event** designed to empower young voices and spark meaningful conversations. This is your chance to **get involved** and make a difference!

The **Youth Forum** will provide a safe, welcoming space for young people aged **14–18** to share ideas, tackle real-life challenges, and explore solutions that inspire positive change. Topics will include: Mental Health & Wellbeing, Social Media, Friendships & Relationships, Drugs & Alcohol, Knife Crime & Gang Culture

If you know any children or young people in your organisation who would like to attend, please register your interest by clicking this link or scanning the QR code:

Voice of the Youth Forum - Register your interest



⚠ NOTE: 55 Limited spaces on first come first serve basis!



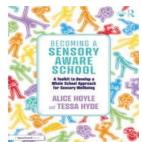
www.childfriendlynottingham.org.uk





Sensory Wellbeing Training

The Achieve Well Team are offering a practical workshop for sensory wellbeing training on **29th January 2026** from **15:30 to 17:30**, it is designed for those working with children and young people (particularly teachers) to build awareness of sensory needs and wellbeing.



There are **50 FREE places available** for schools in

Nottingham City with free resource. Click for more information and to **Book your**place.

Free Autism and wellbeing Training

The Achieve Well Team are also offering a **Free Autism and Wellbeing schools training programme**, a two-day course developed by world leaders in the autism field, with resources co-produced by neurodivergent people of all ages.



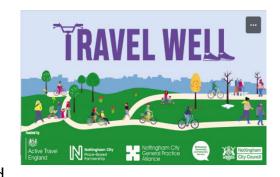
Funding criteria

Funded places are available for staff from mainstream primary and secondary schools working in KS2, 3 or 4. Each school that completes the programme will receive £150 to support their participation.

Find out more by emailing: <u>autism.schools@annafreud.org</u>

Travel Well

Nottingham was selected as part of a national trial to help promote more active lifestyles. This links to CFN Healthy Badge. The trial will give healthcare professionals and social prescribers the ability to refer patients to services that promote walking, cycling and wheeling delivered within the community. The project will take place around



Aspley, Beechdale, Bilborough, Bulwell, Sneinton, St Ann's and Strelley.

For more information: Nottingham Travel Well







CFN Monthly Bulletins

Within our bulletin's, we regularly share news and information around Child Friendly Nottingham activity and related initiatives.

Please email us at child.friendly@nottinghamcity.gov.uk by the last day of each month with anything that you want to include in the following month's issue.

We hope that you find our bulletins useful and interesting.

