



CHILD FRIENDLY NOTTINGHAM PARTNER UPDATES

THE CHILD FRIENDLY NOTTINGHAM PERCEPTION SURVEY CLOSING DATE IS LOOMING! THIS IS A LAST CHANCE TO ENCOURAGE CHILDREN AND YOUNG PEOPLE TO COMPLETE THE SURVEY.

The first Nottingham children and young people's perception survey will be [closing on the 28th February](#). Please encourage all Nottingham children and young people between 7 years old and 18 years old to complete the survey.

PRACTITIONER'S TOOLKIT

The [practitioner toolkits](#), is to help support children and young people take part, and communications messages to help partners spread the word: This can also be found on the survey page on the Child Friendly Nottingham website.

The CFN survey has been designed to be accessible to the widest possible audience. It is split into **three age groups**: Primary (7-11), Secondary (11-16), and Further Education & Training (16+). The different versions use language and questions appropriate to each cohort.

[Children and Young People's Survey - Nottingham - A Child Friendly City](#)

The CFN Perception Survey has been designed to complement other surveys taking place in Nottingham and build upon the base that we currently have. More information will be published soon on the Child Friendly Nottingham website (link and QR code at the bottom of the page).

You can complete the survey digitally here: [Children and Young People Survey](#)

or by scanning this QR code:



CHILD RIGHT OF THE MONTH:

As part of our Child Friendly Nottingham Action Plan, we're dedicated to promoting a different child's right each month. We hope you find this resource helpful!

Please tell us if you are doing any activities around the Rights of the Month, we'd love to hear about any activities you're doing around this month's rights! Please share your ideas with us.

The full year's calendar of 'Child Rights of the Month' can be found in the [ChalleNGe Cultural-Rucksack](#).

This Month:

This month, we are **highlighting 3 Articles** from the United Nations Convention on the Rights of the Child (UNCRC), to celebrate **Safer Internet Day** on the **11th February**.

[This links with our CFN Online Safety Outcome from the Safe and Secure Badge.](#)



Article 17: Access to information from the media

- Every child has the right to reliable information from a variety of sources and governments should encourage the media to provide information that children can understand. Governments must help protect children from materials that could harm them.



Article 19: Protection from violence, abuse and neglect

- Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.



Article 34: Sexual exploitation

- Governments must protect children from forms of sexual abuse and exploitation.

Please find a resource UNICEF UK have put together to help spark conversations and provide activities for children and young people around these important articles. You can find it here: [Safer Internet Day – Article 17, 19 and 34](#)

Next Month:



Next month, we will be **highlighting Article 2** from the United Nations Convention on the Rights of the Child (UNCRC), to celebrate **International Women's Day** on the **8th March**.

This links with our CFN Equal and Included Badge.



Article 2: Non discrimination

- The convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background.

Please find a resource UNICEF UK have put together to help spark conversations and provide activities for children and young people around these important articles. You can find it here: [International Women's Day – Article 2](#)

For more information on children's rights, feel free to visit our website.





TRAINING UPDATES

Training dates in 2025

Upcoming Training: An Introduction to Children's Rights in Practice

To support Nottingham's ambition to become a globally recognised Child Friendly City, we are supporting partners across the city to be working to a Child's Rights Based Approach by offering **FREE** training delivered by the UNICEF UK Child Friendly Cities Team.

Join child rights experts from UNICEF UK for a practical and interactive introduction to children's rights as set out in the United Nations Convention on the Rights of the Child.

Please see the upcoming training dates below and email child.friendly@nottinghamcity.gov.uk to book a training space.

February 2025

 **2 Part Online Introduction Training Session** (this training will be covered in two 2hour sessions – Part A and Part B).

- Part A = Tuesday 4th February 2025 – MS Teams Online, 10:00am - 12:00pm
- Part B = Tuesday 11th February 2025 – MS Teams Online, 10:00am - 12:00pm

March 2025

 Monday 3rd March 2025 - MS Teams Online, 10:00am - 02:00pm

Bespoke Child Rights Training can be organised for teams of 10 colleagues or more. To discuss it with us please email child.friendly@nottinghamcity.gov.uk

Would you Like to be a Child Right's Trainer?

UNICEF UK are opening a programme to train the trainer, so we can cascade child rights training to a wider audience. To begin with they are piloting this initiative, so if you are interested in being a trainer at a later date, please contact the Child Friendly Nottingham Team at child.friendly@nottinghamcity.gov.uk



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CFC Shorts 2025

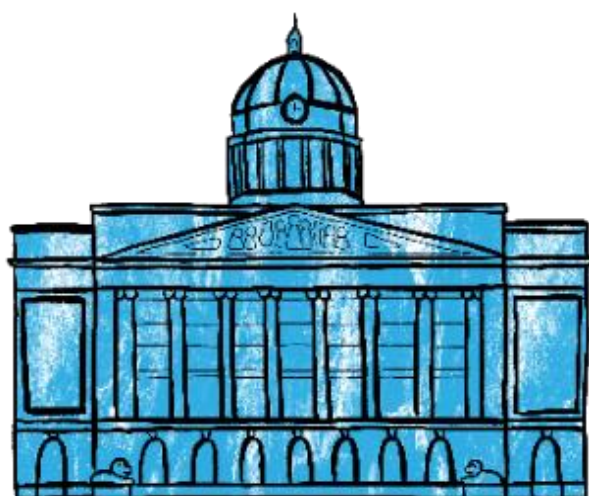
As part of the Child Friendly City partnership and Nottingham's Child Friendly City programme, the UK Committee for UNICEF (UNICEF UK) Child Friendly Cities and Communities (CFC) Team offer monthly webinar series.

You can find full details in the resource details on our website or by clicking below for full dates and details:

 [CFN Shorts January - June 2025](#)

The CFC Shorts are delivered **live online via MS Teams**, with a facilitator from the UNICEF UK CFC team, and will include PowerPoint slides and the opportunity for attendees to ask questions and share reflections. These take place on the **third Wednesday of every month** from **2pm-3pm**. Each one-hour session will offer professionals across the CFC network the opportunity to take a deep dive into discrete areas of child's rights-based practice and the CFC programme.

We will inform you of further CFC Shorts dates in 2025 as they are announced by the UNICEF UK CFC Team



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WHAT HAS BEEN HAPPENING?

We want to say thank you to Small Steps Big Changes:

Small Steps Big Changes will end in March 2025, and we would like to extend a big thank you for their support, they will leave a great legacy, and they will be missed.

Thank you to SSBC for the funding and support they have provided to Child Friendly Nottingham.

Find out more of SSBC's legacy. [Small Steps Big Changes Stakeholder Briefing #2](#)

NOTTINGHAM GAMES

Thanks to support from the National Lottery Heritage Fund, 20 schools across Nottingham are researching the games that children play.

Nottingham Games is a pupil research project that sets out to celebrate the games that children play by building a living archive of past and present playground rhymes and games. It will introduce children to the significance of play in our understanding of heritage, culture and traditions. Working in partnership with the City's schools and cultural education providers, our aim is to empower children as researchers to collect, collate and document games, rhymes and playground activities for two films and a book - a compendium of games from different generations, and from the diverse communities of Nottingham, including those from other countries, cultures, languages and traditions.

Nottingham Games draws on partnerships with the UNICEF Child Friendly City programme, City Library Service, UNESCO City of Literature, National Literacy Trust, refugee and migrant support networks, ChalleNGe Cultural Education Partnership, Nottingham Schools Trust and City schools.

Nottingham Games aligns with the City's progress towards UNICEF Child Friendly status through [Article 31 of the UN Convention on the Rights of the Child which states that every child has the right to rest and leisure](#), to engage in play and recreational activities appropriate to the age of the child and to participate freely in cultural life and the arts.

The project will publish a book of Nottingham Games in the summer as well as two videos recording games from older generations and from other languages, traditions and communities.

For further information please contact Rick Hall, Co-leader of the Nottingham Games project, rick@rehearsal.org.uk



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UPCOMING DATES / EVENTS:

Events Diary

Event / Description	Date	Time / Location
Wicked Writers Competition	13 January – 28 February	Wicked Writers: Be the Change National Literacy Trust
MusiQuest	28 January – End of July	MusiQuest 2025 Nottingham Music Hub
National Storytelling Week	Starts 29 January	National Storytelling Week 2025
Children’s Mental Health Week	Starts 3 February	Resources and activities for Children's Mental Health Week
International Day for Women and Girls in Science Day	11 February	International Day of Women and Girls in Science Official Website
Safer Internet Day	11 February	Safer Internet Day 2025 - UK Safer Internet Centre
Festival Of Science and Curiosity	10- 21 February	Various times and venues. Nottingham Festival of Science and Curiosity
Closing date of Child Friendly Nottingham Perception survey	28 February	Child Friendly Nottingham Perception survey
Nottingham’s Night Light	28 February & 1 March	Nottingham city centre - Dusk till late
Introduction to Child’s Right’s in Practise Training (Full Session)	3 March	10:00 - 14:00 (online)
World Book Day	06 March	World Book Day – Mission
Spring Primary Parliament (schools only)	18 - 20 March	Primary Parliament ignitefutures
World Poetry Day	21 March	World Poetry Day – UNICEF Article
The Nottingham Young Creative Awards entries close	24 March	Young Creative Awards
World Health Day	7 April	World Health Day



WHAT'S COMING UP?

The Nottingham Young Creative Awards 2025

The Nottingham Young Creative Awards 2025 is open for children and young people, between the ages of 11 and 24 years old to enter. **The deadline for entries is Tuesday 25th March 2025.** To enter you must live, work or study in Nottingham.

There are 10 creative categories and three age ranges - 11 – 15 years old, 16 – 18 years old and 19 – 24 years old.

People may enter as an individual, as a group, or as a class, study group or club. For more information on the categories and how to enter please go to [Young Creative Awards](#)



ChalleNGe - Child Friendly Creative City Bid

Our partner organisation ChalleNGe have submitted a placed partnership funding bid to Arts Council England for a 'Child Friendly Creative City'. The bid was submitted on the 6th of January, and we will hear back in about 11 weeks, hopefully successful.

A big thanks to Cathy, Ed and the team for all their hard work with this funding bid.

ChalleNGe has their own school's newsletters. Which you subscribe to by [clicking here](#) Highlighted Below are a few opportunities mentioned within it.



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Be the Change: Wicked Writers Competition

National Literacy Trust

Free to enter

13 Jan – 28 Feb 2025

Could young people 'be the change' in their local community? This is a competition which challenges students aged 9 to 14 to write persuasively about a positive change they would like to see. It supports the Child Friendly Nottingham child-centred approach so do consider capturing the impact your children make as a case-study.

This is fully supported by classroom resources and there are also fantastic prizes on offer. Get involved in Wicked Writers

[Wicked Writers: Be the Change | National Literacy Trust](#)

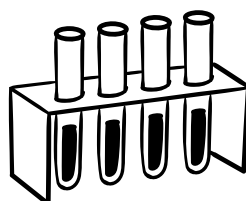


Nottingham Festival of Science and Curiosity 2025

The Festival of Science and Curiosity (FOSAC) is a two-week festival aimed to make science accessible to children and families across Nottingham and inspire generations to be curious about the world around us.

This year's festival starts on 17th February until 21st February in several local libraries across the city. There will be engaging and fun activities for CYP to get involved in.

If anyone would like to volunteer, please get in contact with: megan@ignitefutures.co.uk



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Nottingham Education Trust

Bursaries available to individuals only

Up to 21 years for City of Nottingham residents

Did you know that young people who pursue interests and hobbies outside of school can benefit from funding?

The Nottingham Education Trust is a locally managed trust which exists to support young people, under the age of 21 and permanently resident in the City of Nottingham, to pursue activities outside of formal education, particularly in Music & the Arts, the Sciences, Languages, Travel and Cultural Experiences, Sports and Outdoor and Adventurous pursuits, who would otherwise not have the opportunity. Eligible young people can apply for bursaries up to £800 in total to fund their projects and the application process is straightforward.

[Click here for more information and to read about the impact for previous recipients](#)

[Click here for the online application](#)



Cultural Rucksack - connections for you!

The Cultural Rucksack Directory brings you over 40 arts organisations and programmes to connect with in Nottingham. You'll find the details of each organisation's core offers, including visits, in-school workshops and resources, to support the planning and delivery of creative and cultural experiences in your school.

Download the PDF version [here](#) and [browse the ChalleNGe website](#) to find ideas and resources.

[Connecting Notts](#) is a website for young people, aged 14+, that helps young people connect with Nottingham's arts organisations and local groups.



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**MusiQuest 2025 –
Notts Schools Compete With Each Other to Be Crowned Music Quest Champions
2025!**

Which school will rise to claim the title of MusiQuest 2025, or will Forest Fields defend their crown for another year?

On 28th January “MusiQuest: The Rise of the Guardians” an exciting online musical adventure for young people aged 5 – 19 years will be launched by **The Nottingham Music Service**.

A cold and mysterious figure threatens to erase music, and young adventurers must strive to save music from destruction by solving a set of musical clues. In this innovative adventure children and young people are invited to merge music and technology. In a game for the 21st century, schools across the city and county will compete to stay on top of the leaderboard, win through to the Boss level and be named the overall MusiQuest winner and be a Guardian of Music.

Music Quest was designed by the staff and students of the Nottingham Music Service, it is a home-grown game which has already caught the imagination of many children and young people across Notts. The Music Service aims to get more people involved this year and to explore its development potential.

See the trailer and join the quest at [Nottingham Music Service MusiQuest 2025](#).

MusiQuest 2025 launches on 28th January and runs until the start of July 2025

For more info please contact: Aisha.iqbal@nottinghammusicclub.org.uk



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CHILDREN'S MENTAL HEALTH WEEK

As part of our [Healthy badge](#) one of our outcomes focus' on helping Children and Young people learn about good mental and physical help and how to get help if they need it.

This year Place2Be partnered with Here4You company, alongside support from The Walt Disney Company. Using characters from Disney's movies: Inside out and Inside Out 2, they explored the theme of Know **Yourself, Grow Yourself**.

Did you take part? If you did, share with us what you did? If not, then there is still time!



You are invited to take part in the fundraiser and share what you are doing with the city! Even though the week may be over, this is still a conversation we should be highlighting and continuing regularly.

To find out more information, how to get involved and acquire a digital resource pack, please head to [Place2Be's Children Mental Health Week website](#).

MENTAL HEALTH RESOURCES

If you know a child or young person struggling with mental health some resources, you can direct them to include:

- 🌸 [Child and Adolescent Mental Health Services \[CAMHS\]](#)
 - CAMHS has multiple services including self-referral for anyone under 18 as well as support for Adults and Parents to help support their Child if they are struggling.
- 🌸 [Kooth](#)
 - Kooth is a Free, Safe, and Anonymous Online Mental Health Support Service for anyone aged 10-18 and up to age 25 in some areas.
- 🌸 [Place2Be Activities and Resources](#)
 - Multiple resources for schools, fundraisers and families as part of Children's Mental Health Week.



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Nottingham Light Night

Nottingham's Night Light Event will be back for its 17th Year as the city will be lit up allowing citizens to explore landmarks, streets and hidden corners of Nottingham City Centre.

The event will run over 2 nights: Friday 28th February and Saturday 1st March with several family-friendly and fun activities including with **Orbit** (amazing visual projects) at Nottingham Castle, **Continuum** (a mirrored, immersive artwork) at Sneinton Market Square and more!

To read more about the Event please visit the It's In Nottingham website here:

[Nottingham Night Light Event](#)



In this bulletin we regularly share news and information around Child Friendly Nottingham activity and related initiatives.

You are invited to share your updates of Child Friendly Nottingham too. Please email us at child.friendly@nottinghamcity.gov.uk by the **last day of each month** with anything that you want to include in the following month's issue.

We hope that you find it useful and interesting.



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