



Child Friendly Nottingham PARTNER UPDATES

CHILD RIGHT OF THE MONTH:

As part of our Child Friendly Nottingham Action Plan, we're dedicated to promoting a different child's right each month. We hope you find this resource helpful!

Please tell us if you are doing any activities around the Rights of the Month, we'd love to hear about any activities you're doing around this month's rights! Please share your ideas with us.

The full year's calendar of 'Child Rights of the Month' can be found in the ChalleNGe <u>Cultural-Rucksack</u>.

This Month:

This month, we will be **highlighting Article 24** from the United Nations Convention on the Rights of the Child (UNCRC), to celebrate **World Health Day** on the **7**th **April**.

This links with our CFN Healthy Badge.



Article 24: Health and Health Services

• Every child has the right to the best possible health.

 Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy. Richer countries must help poorer countries achieve this.

Please find a resource UNICEF UK have put together to help spark conversations and provide activities for children and young people around these important articles. You can find it here: World Health Day – Article 24









Next Month:

Next month, we will be **highlighting Article 24** again from the United Nations Convention on the Rights of the Child (UNCRC), but this time to focus on **Mental Health Awareness Week** running from the **12**th **May - 18**th **May.**

This links with our CFN Healthy Badge, Outcome 1 and 2 in our CFN Action Plan.

Outcome 1: Mental health and wellbeing solutions

 Children and young people are aware of what mental health and wellbeing support is available and are able to access local services. Children and young people are able to identify gaps in mental health and wellbeing support; collaboration and co-design enables children and young people in Nottingham to suggest solutions for these gaps.



Outcome 2: Supporting Good mental Health

• Timely support for children and young people with identified mental health need and preventative action to maintain good mental wellbeing is available.

NottAlone

As part of our goals for our **Healthy badge**, NottAlone is a partnership between Nottinghamshire County Council, Nottingham City Council and the NHS Nottingham and Nottinghamshire Integrated Care Board.

The <u>NottAlone website</u> was designed to help **provide information and mental health support for people** in Nottingham and Nottinghamshire. It includes resources and links to services across numerous things that can affect mental health, from stress to a mental health Illness and more.

The website was Co-produced for and by Children and Young people and since has been expanded to include adult support as well.

To browse the website, you can click here: NottAlone website

For more information on **children's rights**, feel free to visit the Child Friendly Nottingham website.

More information on **Mental health support and services** will feature in our next bulletin.







TRAINING UPDATES

Training dates in 2025

Upcoming Training: An Introduction to Children's Rights in Practice

To support Nottingham's ambition to become a globally recognised Child Friendly City, we are supporting partners across the city to be working to a Child's Rights Based Approach by offering **FREE** training delivered by the UNICEF UK Child Friendly Cities Team.



Join child rights experts from UNICEF UK for a practical and interactive introduction to children's rights as set out in the United Nations Convention on the Rights of the Child.

Please see the upcoming training dates below and email <u>child.friendly@nottinghamcity.gov.uk</u> to book a training space.



Thursday 15th May 2025 – MS Teams Online, 09:00am - 1:00pm

June 2025

Thursday 19th June 2025 – MS Teams Online, 09:00am - 1:00pm

🛞 July 2025

🛞 Wednesday 23rd July 2025 – MS Teams Online, 1:00pm - 5:00pm

Further 2025 dates for the Children's Rights in Practice Training will be featured in our next bulletin.



Bespoke Training

Bespoke Child Rights in Practice Training can be organised for teams of 10 colleagues or more

To discuss it with us please email child.friendy@nottinghamcity.gov.uk







Would you Like to be a Child Right's Trainer?

UNICEF UK are opening a programme to train the trainer, so we can cascade child rights training to a wider audience. To begin with they are piloting this initiative, so if you are interested in being a trainer at a later date, please contact the Child Friendly Nottingham Team at <u>child.friendly@nottinghamcity.gov.uk</u>

CFC Shorts 2025

As part of the Child Friendly City partnership and Nottingham's Child Friendly City programme, the UK Committee for UNICEF (UNICEF UK) Child Friendly Cities and Communities (CFC) Team offer monthly webinar series.

You can find full details in the resource details on our website or by clicking below for full dates and details:

CFN Shorts: January -June 2025

The CFC Shorts are delivered **live online via MS Teams**, with a facilitator from the UNICEF UK CFC team, and will include PowerPoint slides and the opportunity for attendees to ask questions and share reflections. These take place on the **third Wednesday of every month** from **2pm-3pm**. Each one-hour session will offer professionals across the CFC network the opportunity to take a deep dive into discrete areas of child's rights-based practice and the CFC programme.

We will inform you of further CFC Shorts dates in 2025 as they are announced by the UNICEF UK CFC Team









WHAT HAS BEEN HAPPENING?

Small Steps Big Changes Stakeholder Briefing 3

While Small Steps Big Changes ended in March 2025, their legacy and funding support for Child Friendly Nottingham continues until 2026 and beyond.



This third and final Stakeholder Briefing includes **information on legacy projects** such as the Dolly Parton Imagination Library, stats of **SSBC's impact over the last 10 years** and a **final word from the Programme Director**, Karla Capstick.

It also features and mentions the work of the SSBC Legacy website, which will include services and support SSBC have supported and developed such as a family member Toolkit from 'The Family Mentor Service' which was delivered across several areas of Nottingham city.



It is something well worth reading.

The full SSBC final Stakeholder briefing can be found here: Small Steps Big Changes Stakeholder Briefing 3

OutRight 2024/2025 – UNICEF Campaign on Children's Rights

OutRight is a **UNICEF UK campaign on Children's rights** by children and young people, FOR children and young people.

The aim of the campaign is to help develop children's knowledge of:



- Children's rights and the UNCRC
- The different mechanisms for using their voice and making change (including democracy and global citizenship)

How to use their voices, calling on decision-makers to act on the children's rights issues that children themselves see as the most important

This year's Campaign launched in August 2024, but groups can participate in activities at **any time of the year** to help encourage children and young people to get involved.

To find out more information and access more resources please visit the UNCIEF UK website: <u>Campaign on Children's Rights - UNICEF UK</u>









UPCOMING DATES / EVENTS:

Events Diary

Event / Description	Date	Additional Details
World Health Day	07 April	World Health Day
International Day for Street Children	12 April	International Day for Street Children - Reboot Education
CFC Short: Taking a child rights- based approach to housing	16 April	14:00 – 15:00 (online via MS Teams) <u>CFN Shorts: January -June 2025</u>
World Art Day	15 April	
Introduction to Child's Right's in Practise Training	15 May	09:00 - 13:00 (online). To book, email child.friendly@nottinghamcity.gov.uk
Ignite! City Nature Challenge	25 – 28 May	<u>Click here to find out more about City Nature</u> <u>Challenge</u>
World Mental Health Week	12 – 18 May	Mental Health Awareness Week 2025 - Mind
Walk to School Week	19 – 23 May	Walk to school
CFC Short: CFC Community Champions: their role	21 May	14:00 – 15:00 (online via MS Teams) CFN Shorts: January -June 2025
Elmer Day: City's libraries	24 May	Celebrate inclusion and kindness
Walk in my Shoes – Survey Closing	26 May	<u>Walk in My Shoes Survey Nottinghamshire</u> <u>Police</u>
CFC Short: Advocating children's rights locally and nationally	18 June	14:00 – 15:00 (online via MS Teams) <u>CFN Shorts: January -June 2025</u>
Introduction to Child's Right's in Practise Training	19 June	09:00am - 1:00m (online). To book, email child.friendly@nottinghamcity.gov.uk
Positively Empower Kids Festival	22 June	10:00am – 17:00pm at Nottingham Castle Positively Empowered Kids Festival
Introduction to Child's Right's in Practise Training	23 July	1:00pm – 5:00pm (online). To book, email child.friendly@nottinghamcity.gov.uk







WHAT'S COMING UP?

Walk in my Shoes Campaign and Survey

'Walk in My Shoes' is a campaign by Nottinghamshire Police designed to empower all women and girls, including those who identify as a woman, to **report where they feel unsafe** and to understand how Women's and girls feel in our city and county. This includes the voices of young women and girls in our city, linking to our **Child Friendly Nottingham Safe and secure Badge.**



The campaign aims to help tackle violence against women and girls, starting by listening and understanding the women in our communities across Nottingham and Nottinghamshire.

We encourage all partners who are girls and women to complete the survey and please pass this on to others.

The survey closes on 26/05/2025



To fill out the survey and find out more please click here: <u>Walk in My Shoes Survey | Nottinghamshire Police</u>





Ignite! City Nature Challenge

City Nature Challenge is an annual four-day global 'bioblitz' nature hunt from **Friday 25th– Monday 28th April**, to assist in recording and protecting wildlife in urban areas. Every year, cities all over the world take part in friendly and fun competition to see who can gather the most observations of nature and find the most species.

To join Nottingham's project, all you need to do is record your observations of wildlife using iNaturalist - these can be birds in the park, beetles in your back yard or weeds on your balcony, it all counts!



Click here to find out more about City Nature Challenge









Positively Empower Kids Festival

On **Sunday 22nd June 2025**, Positively Empower Kids (PEK) celebrate their annual Family Festival which is back for it's fifth year at **Nottingham Castle**.

This event is packed with fun, a family festival for 0-16 year olds with activities, performances and stalls to build positive mental health. The festival runs form **10am – 5pm** and is designed to help children see their brilliance and discover their capabilities.

For any partners that would like to **book a stall** at the event you can register via this booking link: <u>PEK Stall</u> Booking Link

For more information please visit the website here: <u>Positively Empowered Kids</u> <u>Festival Website</u> or by contacting: Jackie Wilson (PEK Director) for more information at: <u>jackie@positivelyempoweredkids.co.uk</u>

Nottingham Contemporary – Families Programme Manager

There is an opportunity for a **Families Programme Manager** to join the team at Nottingham Contemporary to develop and coordinate engagement programmes for families, including activity during school holidays, for Early Years, family film events, and gallery resources.



It is a Permanent 24.5 hours position which you can via the application form.

If you would like to know more about this role, the team and the organisation, there will be hosting an **informal online information session on Friday 25th April between 11am and 12pm.**

Deadline to apply is Thursday 8th May, 10am with Interviews on Thursday 22nd May.

To access an application form and read the full information, please visit the website using this link: <u>Work with us - Nottingham Contemporary</u>

Within our bulletin's, we regularly share news and information around Child Friendly Nottingham activity and related initiatives. Please email us at <u>child.friendly@nottinghamcity.gov.uk</u> by the **last day of each month** with anything that you want to include in the following month's issue.

We hope that you find it useful and interesting.

