

Child Friendly Nottingham Updates

CHILD RIGHT OF THE MONTH:

As part of our Child Friendly Nottingham Action Plan, we're dedicated to promoting a different child's right each month. Please find a link below to access a resource to support your engagement with children and young people. We hope you find this Rights Respecting School resource helpful!



We have our new calendar for the 'Child Rights of the Month' 2025-2026, which will soon be available in the Challenge [Cultural-Rucksack](#).

Please tell us if you are doing any activities around the Rights of the Month, we'd love to hear about any activities you're doing around children's rights! Please share your ideas with us.

This Month:

[Articles 38 & 39 Resource](#)

This month, we will be **highlighting Article 38 and 39**, to raise awareness for **International Day of Peace** on the **21st September 2025**.



Article 38: War and armed conflicts

Governments must not allow children under the age of 15 to take part in war or join the armed forces. Governments must do everything they can to protect and care for children affected by war and armed conflict.



Article 39: Recovery from trauma and reintegration

Children who have experienced neglect, abuse, exploitation, torture or who are victims of war must receive special support to help them recover their health, dignity, self-respect and social life.

Click the link above for a resource for International Day of Peace from UNICEF.



Article 38 and 39: War and armed conflicts and Recovery from trauma and reintegration

Article 38 and 39 of the UNCRC focuses on the effect of war on Children and young people. Article 38 focuses on ensuring Children and young people are not exploited to join war and armed conflict forces, taking them away from direct participation in hostilities and danger.



Meanwhile, Article 39 focuses on the importance of how to help those children and young people who have already been exposed and are victims of wars/armed conflicts and how we can help them recover from effects of what they have experienced.



What is International Day Peace?

International Day of Peace is about building a Culture of peace, where people reject violence and prevent conflicts by focus on tackling foundational bases opting instead on non-violence solutions.

Children and young people are the future generation so focusing on building a culture that does not praise war and instead focuses on educating our youth on peaceful methods and solutions to help prevent war and create harmony in our community.

To read more about the 'Culture of Peace' you can go here, to the:
[International Day of Peace Website](#)

How does this correlate to Nottingham's Youth?

Nottingham has a diverse range of Youth within the city of which some come from countries which are conflict zones.



During Our Summer Arts Pop up shop in the city centre, Article 22: Refugee children, was one of the more highlighted rights signalling this is something important to several of Nottingham's Children and Young people. Right 38 and particularly 39 is closely linked to experience of those who are refugees and therefore important for Nottingham's own Youth.





Next Month:

Next month, we will be **highlighting Article 2 and 30** to raise awareness for **Black History Month 2025**, as well as **Article 6** for **Harvest and World Food Day** on **October 16th**.



Article 2: Non-Discrimination

The Convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background



Article 30: Children from minority or indigenous groups

Every child has the right to learn and use the language, customs and religion of their family, whether or not these are shared by the majority of the people in the country where they live.



Article 6: life, survival and development

Every child has the right to life. Governments must do all they can to ensure that children survive and develop to their full potential



TRAINING UPDATES

Train The Trainer

UNICEF UK have announced upcoming dates to train practitioners to deliver Children's Rights Training. Please get in touch if you are interested

Would you Like to be a Child Right's Trainer?

UNICEF UK are opening a programme to 'Train the Trainer', so we can cascade child rights training to a wider audience across Nottingham.

If you are interested in becoming a Child Friendly Nottingham trainer, please contact the Child Friendly Nottingham Team at child.friendly@nottinghamcity.gov.uk





Training dates in 2025

Upcoming Training: **An Introduction to Children's Rights in Practice**

To support Nottingham's ambition to become a globally recognised Child Friendly City, we are supporting partners across Nottingham city to be working to a Child's Rights Based Approach by offering **FREE** training, delivered by the UNICEF UK Child Friendly Cities Team.

Join for a practical and interactive introduction to children's rights as set out in the United Nations Convention on the Rights of the Child.

Please see the upcoming training dates below and email child.friendly@nottinghamcity.gov.uk to book a training space.



September 2025



Thursday 18th September 2025 – MS Teams Online, 9:00am - 1:00pm



Monday 29th September 2025 – MS Teams Online, 10:00am - 2:00pm



October 2025



Thursday 9th October 2025 – MS Teams Online, 9:00am - 1:00pm



November 2025



Wednesday 5th November 2025 – MS Teams Online, 10:00am - 2:00pm



Thursday 13th November 2025 – MS Teams Online, 9:00am - 1:00pm

Further dates for the Children's Rights in Practice Training will be featured as they become available.



Bespoke Training

Bespoke Child Rights in Practice Training can be organised for teams of 10 colleagues or more.

To discuss it with us please email





WHAT'S BEEN HAPPENING?

An important update from UNICEF UK on the Child Friendly Cities & Communities Programme in the UK

Over the summer UNICEF UK (UUK) issued an update on its future plans for the Child Friendly Cities and Communities (CFC) programme. This statement is important to Nottingham and the other cities and communities working to gain recognition. The following UNICEF statement does not change our determination to work with our partners to make Nottingham a more child friendly place.

UUK says:

"In a challenging financial context for both local authorities and charities, UNICEF UK has made the difficult decision to transition the way it delivers the Child Friendly Cities & Communities programme in the UK from June 2026.

Child Friendly Cities & Communities is part of UNICEF's global Child Friendly Cities Initiative (CFCI), which will continue internationally. Although the UK delivery model will change after June 2026, cities and communities already recognised by UNICEF will remain part of this global network, continuing to be celebrated for their commitment to upholding children's rights.

Over the next year, UUK will continue to work with all current partners to support them in achieving or renewing official recognition as a UNICEF Child Friendly City or Community (for those eligible) and in celebrating the progress of those earlier in their programme journeys.

Our shared focus is on creating a positive and lasting legacy — one that ensures children and young people will continue to benefit from the policies, partnerships, and practices developed through this work. All our partners remain committed to promoting and upholding children's rights well beyond 2026.

Since 2017, Child Friendly Cities & Communities has been working in partnership with councils, local organisations, and children and young people to advance children's rights locally. The programme continues to have a positive impact, thanks to the significant work local partnerships have undertaken to embed children's voices in decision-making and ensure services and spaces reflect children's fundamental human rights.

The local structures and ways of working developed through the programme mean that children and young people in these cities and communities will continue to benefit. Knowledge, experience, and practical resources from the programme will remain publicly available, enabling ongoing improvement and innovation across the UK and internationally".

In the Child Friendly Nottingham partnership, we remain committed to gaining recognition within the next 6 months. We will involve our partners in delivering over the coming months and planning for the coming years. We will keep you informed through this bulletin and other activities





CFN 2024 Survey Results



Back in November 2024, the Child Friendly Nottingham programme launched Nottingham's first children and young people's perception survey which closed 28th February.

In the months since then the Co-operation and Leadership members, University of Nottingham and other partners have been analysing and collating the data which we can now share the reports.

CFN and It's In Nottingham Foundation – A Safe and Welcoming Child Friendly City Centre



As part of a workstream from the Safe and Secure Badge, Child Friendly Nottingham and the It's in Nottingham Foundation and are working on a joint project with to commission community organisations to engage with children and young people on a research project aimed at making Nottingham City Centre a 'Safe and Welcoming' place for children and young people.

ChalleNGe Summer Pop up Shop

Over the summer our partner ChalleNGe and Young Creatives Awards had a Pop-up Shop in the centre of Nottingham Victoria Centre. The shop had a good turnout and was highly enjoyed by both children and young people, and their parents/carers.

Click the Image below to watch a short video about the pop up shop and what they have to say:



Photos from the Notts Hope Hack Event (25th July)

As mentioned in our last month's newsletter, the Violence Reduction Partnership (VRP) organised their first ever youth-led event called 'Hope Hack' on 25th July in Newark. The event gave young people aged 12 to 25 a chance to share their voice in tackling knife crime, gangs and exploitation, to help provide solutions that could influence professional services and policy.

Here are some more images from the event from the VRP Team.



HOPE COLLECTIVE



To read more about it you can click this article:

[Nottingham Hope Hack Event](#)





UPCOMING DATES / EVENTS:

Event / Description	Date	Additional Details
Back to School	02 September	Tuesday 2nd September Back to School date
International Literacy Day	08 September	International Literacy Day 2025 UNESCO
Roald Dahl Day	13 September	Roald Dahl Day What are you doing for it?
National Inclusion Week	15 September	National Inclusion Week 2025 15th September - 21st September
Youth Mental Health Day	19 September	Youth Mental Health Day 2025 #ShareSupport
Zero Emissions Day	21 September	Zero Emissions Day
International Day of Peace	21 September	International Day of Peace Culture of Peace
International Day of Sign Languages	23 September	International Day of Sign Languages
International Week of Deaf People	22 - 28 September	International week of deaf people 2025 No Human Rights Without Sign Language Rights
International Day For Universal Access To Information	28 September	International Day for Universal Access to Information
UK Black History Month	1 – 31 October	Black History Month Standing Firm in Power and Pride
Walk in my shoes Campaign Survey	02 October	Walk in my shoes Survey Closes 2nd October
World Food Day	16 October	World Food Day Hand in Hand for Better Foods and a Better Future
This Girl Can Awards Nomination submissions	1 Aug – 19 October	This Girl Can Awards Nominations - Deadline: 19th October
Child Friendly Nottingham Research Survey (For partners / colleagues)	End of October	Hannah Burrows CFN Adult Survey Research Deadline: End of October





WHAT'S COMING UP?

Child Friendly Nottingham Survey Research

Hannah Burrows, a PhD student at UoN, has been working with the CFN Team for the past two years to design a research study to investigate Child Friendly Nottingham. The main part of her research will be working with children in Nottingham, but part of her study involves interviewing adults.

She is now recruiting adults who have worked in some capacity relating to Child Friendly Nottingham to speak to them about their experiences.

It would be really beneficial for her research if you have time to be interviewed for about an hour by her.

You can find the details the research poster below. If you are happy to participate, you will need to fill out a consent form.

You can do this using the QR code or via this link: [CFN Research Survey Link](#)

If you prefer to fill in a word document and then email it, or if you have any other questions, you can contact Hannah directly:

Hannah.Burrows@nottingham.ac.uk

You don't need to let us know if this is something you choose to do! As part of the requirements of her research, all consent needs to be voluntary. There's no pressure to participate if you don't want to and it won't impact on any of your interactions with Child Friendly Nottingham or the team.

Data collection is open until the end of October

Call for Research Participants

How do adults make sense of creating a Child Friendly City?

Adults play an important part in creating child-friendly cities and we want to hear the views of professionals who have been involved in Child Friendly Nottingham to understand what the experience is like.

Your responses will develop our understanding about how we can better work towards creating child-friendly cities. Your participation will also shape future research into children's perspectives of Child Friendly Nottingham.

Qualifications

- You are aged 18 years +
- You have, or have had, a professional role relating to Child-Friendly Nottingham. Including: strategic leaders, sponsors, facilitators, partners, champions.

What is involved?

- A one-to-one interview with a PhD researcher, for approximately 1 hour, either in-person or on-line.
- Opportunity for a follow-up interview, to be decided by you.

How to get involved:

Want to participate? First, read the Participant Information Sheet and Privacy Notice attached to this email. Then, consent to participate by either filling out the consent form online via this [link](#) or the QR code, or by completing and returning the attached consent form.

Any questions? Email: hannah.burrows@nottingham.ac.uk

This research contributes to a PhD project (University of Nottingham) investigating how Child Friendly Cities become meaningful to primary school-aged children

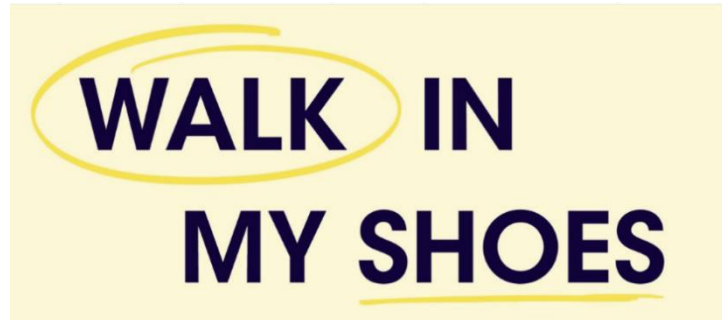




Walk in my shoes Campaign

VRP have launched a survey for their **Walk in My Shoes** campaign

This initiative is designed to empower all women and girls to report places where they feel unsafe, and to help us better understand how they're feeling in our city and county.



The survey was previously open during the summer and has now been re-opened by the OPCC to ensure all women's voices are heard. From the responses collected earlier, the police have already acted by increasing CCTV coverage and deploying more foot patrols in key areas identified by participants.

The campaign aims to tackle violence against women and girls, and the first step is to listen to and understand their experiences in our communities across Nottinghamshire.

The main objectives of the campaign are to:

- Create safer spaces across Nottinghamshire
- Help women and girls feel safer through collaborative action with our partners
- Address misogyny early by challenging attitudes and behaviours in schools and promoting education. This will be a county-wide approach involving joint working with schools, councils, and other partners.



With that in mind, it's important that we don't just collect data—we ensure it's representative. They are particularly focused on increasing responses from women and girls from ethnically diverse communities to ensure the data and voices heard are representative. They would also like to hear from girls and young women.

The survey closes on **October 2nd**





This Girl Can Awards 2025

The 'This Girl Can' campaign by Sports England promotes physical activity for females and locally supported by active Nottingham.

This Girl Can Nottingham are thrilled to announce the 2025 Nottingham Awards officially launched Friday 1 August.

These awards celebrate the inspiring women who make movement more inclusive across our city where you can nominate in 9 different categories including 'This Girl Can Volunteer' and 'Unsung Hero'. So, if there are any inspiring women you know for physical activity why not nominate them or even nominate yourself.

The 2025 This Girl Can Nottingham Awards will take place on the evening of **Thursday, 20 November 2025**, an exclusive invite-only event for those shortlisted.

Deadline for nominations close Sunday, 19 October.

To find out more or submit a nomination visit their website:

[Nominations - This Girl Can Awards](#)



United Nations Act Now Campaign – Smurfs Campaign



United Nations and United Nations Children's Fund (UNICEF) have launched their ActNow campaign with The Smurfs to encourage people, especially children, to Speak Up & Speak Out to empower themselves and others, and to create a blueprint for a better world. This campaign helps supports **Article 12: respect for the views of the child** and **Article 13: freedom of expression** of the UNCRC.

To Learn more and how to take part you can watch a video by clicking on the link below:

[Join the Smurfs and speak up for a better world! | UN ActNow and UNICEF #ActNow](#)



Public Health Parent / Caregiver Panel – Get Involved

Relating to our **Healthy badge**, Public Health are establishing a brand-new **Public Health Parent/Caregiver Panel** to ensure our **Best Start Strategy** and **0–19 services** truly reflect the needs of local families.

The panel is open to any parents / caregivers of 0-19 years with strong links to Nottingham and a passion to make a positive difference for children and families' lives.

Their role will include:

- ❖ Attend regular panel meetings (every few weeks).
- ❖ Provide feedback on service delivery options and local health priorities.
- ❖ Support broader engagement and consultation activities with other parents and caregivers.

A poster for the Public Health Parent/Caregiver Panel. It features a group of diverse people holding hearts at the top. The text asks if you are a parent/caregiver of children aged 0-19 years and if you live in Nottingham City. It then invites you to join the panel, explaining that Public Health is establishing it to support the Best Start Strategy. It lists reasons to join: making a positive difference, helping change the way things work, using knowledge to benefit the community, meeting new people, high quality training, and receiving up-to-date health information. It provides contact information for more details and registration.

Health and Wellbeing Community Champions

Are you a Parent/Caregiver of children aged 0-19 years?
Do you live in Nottingham City?

Join our Public Health Parent/Caregiver Panel

Public Health are establishing a parent/caregiver panel to support us in making sure that our Best Start Strategy delivery plan and our 0-19 service are both right for our children and families in Nottingham.

Why join our Public Health Parent/Caregiver Panel?

- Make a positive difference for children and families lives
- Help change the way things work for the better
- Use your knowledge and skills to benefit the local community
- Meet new people
- High quality training and learn new skills
- Receive up to date health information
- References for future opportunities

For more information and to register your interest:
✉ handwcommunitychampions@nottinghamcity.gov.uk
🌐 <https://www.healthynottingham.co.uk/community-champions/>

 Nottingham City Council

If you're interested or would like to learn more, please contact:

✉ handwcommunitychampions@nottinghamcity.gov.uk

Travel Well

Nottingham was selected as part of a national trial to help promote more active lifestyles. This links to CFN **Healthy badge**.

The trial will give healthcare professionals and social prescribers the ability to refer patients to services that promote walking, cycling and wheeling delivered within the community.

The project will take place around Aspley, Beechdale, Bilborough, Bulwell, Sneinton, St Ann's and Strelley.

For more information, click below:
[Nottingham Travel Well](#)



Foster care in Workplace Support

As part of Foster for East Midlands Council, Nottingham City Council has achieved Fostering Friendly status, recognising their commitment to supporting employees who provide care to children and young people through fostering. The Fostering Friendly scheme recognises employers who support foster carers in the workplace. It encourages practical actions such as offering paid time off for fostering related training and appointments



This helps support our children and young people who are more vulnerable, ensuring they have the same level of care and needs met as all Nottingham's Children and Young people in the city.

Click here to read more about it:

[Councils Support Foster Carers in the Workplace](#)

UK Parliament Week Kits 🚀

November 24th – 30th is UK Parliament Week, this is a chance to empower students, and to encourage them to share their views and voices.



You can order a **free kit resource kit**, with multiple resources to engage the Children and Young People you work with.

Marking the tenth anniversary of [UK Parliament's petitions website](#) there is the launch of their new **Petitions Pursuit board game!** A game to help young people understand how petitions work and the steps they can take to get their voices heard on issues they care about.

[Click Here to get involved!](#)



September 2025
Issue 12



CFN Monthly Bulletins

Within our bulletin's, we regularly share news and information around
Child Friendly Nottingham activity and related initiatives.

Please email us at child.friendly@nottinghamcity.gov.uk by the **last day of each month** with anything that you want to include in the following month's issue.

We hope that you find our bulletins useful and interesting.



www.childfriendlynottingham.org.uk