



Youth Survey 2025

11-16 years old

Have your say! Share your experience. What is it like growing up and living in Nottingham? Your ideas will help us make a city where all young people feel safe, listened to, cared for and able to grow.

How long will it take? 20-25 minutes.



Do I have to do it? No, it is your choice. You do not have to answer every question, and you can stop at any time. If something does not make sense, you can ask a trusted adult to help.

This is not a quiz! There are no right or wrong answers, so please answer honestly.

What happens with my answers? All your answers are private. No one will know which ones are yours. We won't share anything personal about you. The data will be shared with city leaders, partners and the children's charity, UNICEF, to influence change in our city.

If you feel upset, you can stop whenever you like. If you feel worried, talk to a trusted adult such as a parent, teacher or carer. You can also visit Childline at www.childline.org.uk or NottAlone at www.nottalone.org.uk for support.

Consent

1. Are you happy to take part in this survey and for your views to be used in the ways described?
 - ☐ I am aged 11-16 and I agree to take part in the survey
 - ☐ I do not want to take part in the survey

Learning and Working

2. What school do you go to?

3. Are you able to learn at school?

- ☐ All of the time
- ☐ Some of the time
- ☐ None of the time
- ☐ I don't know
- ☐ I don't know what to say



4. How do you usually get to school?

- ☐ Walk
- ☐ Car
- ☐ Bicycle / Scooter
- ☐ Bus
- ☐ Tram
- ☐ I'm home schooled
- ☐ Other:

5. Who do you normally travel to school with? Select more than one, if needed.

- ☐ Alone
- ☐ With my friends
- ☐ With my siblings
- ☐ With an adult

6. Is there anything you don't like about your journey to and from school?

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7. How far do you agree with the following statements?

I feel good about my future

Agree

Sort of

Disagree

Nottingham is a good place to grow up

Agree

Sort of

Disagree

I enjoy going to Nottingham city centre

Agree

Sort of

Disagree

8. Please read through the following list and decide which **three items** are most important to you

- ☐ Feeling safe and secure
- ☐ Feeling you can grow, explore and follow your interests
- ☐ Education, learning and school experience
- ☐ Taking part in local community
- ☐ Access to service (such as doctors, health care, youth/sport clubs, libraries, school, or mental health services) that are friendly for young people
- ☐ Access to parks, nature and clean air
- ☐ Your family
- ☐ Feeling you belong
- ☐ Being healthy
- ☐ Feeling equal and included
- ☐ Your friends
- ☐ Money
- ☐ Sport



9. What is the one thing you would most like to change for children and young people living in Nottingham?

Online

10. Do you have a mobile phone?

- ☐ Yes, my own
☐ I share one
☐ No



11. Are you allowed to use the internet at home?

- ☐ Yes, whenever I want
☐ Sometimes
☐ No
☐ We don't have the internet at home
☐ Depends which home I am at



12. Do you feel safe online?

- ☐ Yes
☐ Sometimes
☐ No
☐ I don't know
☐ I don't know what to say



13. What advice would you give young people to stay safe online?

14. Do you use any of these?

- ☐ Discord
- ☐ Facebook
- ☐ Generative AI
- ☐ Instagram
- ☐ Snapchat
- ☐ Threads
- ☐ TikTok
- ☐ Twitter/X
- ☐ WhatsApp
- ☐ YouTube
- ☐ None of the above
- ☐ Other: _____

Activities, friends, wellbeing and free time



15. How often do you typically get together with friends in person outside of school or work?

- ☐ Every day or almost every day
- ☐ Several times a week
- ☐ About once a week
- ☐ Less than once a week
- ☐ Less than once a month
- ☐ Never

16. Do you ever play or hang out with your friends after dark?

- ☐ Yes
- ☐ No

17. In the past week, on how many days have you done sport, dance or a fitness activity?

0 1 2 3 4 5 6 7

18. Is the effort you put into doing sport, dance or fitness activities usually enough to raise your breathing rate?

- ☐ Yes
- ☐ No

19. When you do a sport, dance or a fitness activity, how much time do you usually spend doing this?

- ☐ Less than 10 minutes
- ☐ Less than half an hour
- ☐ About half an hour
- ☐ About 45 minutes
- ☐ One hour
- ☐ More than an hour

20. Do you ever go to museums, art galleries, theatre shows, or concerts?

- ☐ At least once every month
- ☐ Several times a year
- ☐ About once a year
- ☐ Less than once a year
- ☐ Never

21. Does anything stop you from going more often?

- ☐ Cost / ticket prices
- ☐ I'm too busy
- ☐ I'm not interested
- ☐ Difficulty with transport or getting to events / venues
- ☐ Not having anyone to go with
- ☐ Not knowing what is on
- ☐ Health reasons
- ☐ I prefer other activities
- ☐ Nothing stopping me - I can go as often as I like

☐ Other: _____

22. Do you have opportunities to practice or to learn new creative skills (like music, art, drama, crafts, design, or writing)?

☐ Many opportunities

☐ No opportunities

☐ Some opportunities

☐ I'm not sure

23. How often do you take part in creative activities (like music, art, drama, crafts, design, or writing)?

☐ Every day

☐ Less than once a month

☐ At least once a week

☐ Never

☐ At least once a month

24. Do you agree?

There are places in my community where I can connect with nature (for example parks, gardens, nature trails)

Agree

Sort of

Disagree

Nottingham is doing the right things to tackle climate change

Agree

Sort of

Disagree

There are good, affordable activities for me to join (like sports and other clubs)

Agree

Sort of

Disagree

I have safe spaces to go with my friends (other than school or home)

Agree

Sort of

Disagree

There clean, safe places for me to hang out near where I live

Agree

Sort of

Disagree

Streets and footpaths are well lit at night-time in my community

Agree

Sort of

Disagree

25. How important is climate change to you?

- ☐ Very important
- ☐ Quite important
- ☐ Not important
- ☐ I'm not sure

26. These three statements are about public transport (buses, trams, trains). If you never use public transport, you can skip this question.

Public transport gets me to where I need to go

Agree

Sort of

Disagree

I feel safe travelling on public transport

Agree

Sort of

Disagree

Public transport is affordable

Agree

Sort of

Disagree

27. Can you ride a bike?

- ☐ Yes, I can ride a bike well
- ☐ Yes, but not very well
- ☐ No, but I'd like to
- ☐ No, and I don't want to

28. How happy did you feel yesterday (with 1 being not happy at all and 10 being completely happy)?

1 2 3 4 5 6 7 8 9 10

Equality and inclusion in Nottingham

29. Do you agree?

All young people in Nottingham are treated the fairly, no matter who they are

Agree

Sort of

Disagree

People who are different are welcome in Nottingham

Agree

Sort of

Disagree

All young people in Nottingham have the same opportunities

Agree

Sort of

Disagree

Nottingham is a friendly place

Agree

Sort of

Disagree

When there are new buildings or spaces designed in my community (like housing, community spaces, public art, shopping areas), there are ways for me to have in say in what those buildings and spaces look and feel like

Agree

Sort of

Disagree

I feel welcome and that I belong in Nottingham

Agree

Sort of

Disagree

Young people are represented in positive ways in Nottingham

Agree

Sort of

Disagree

It is easy for me to make a complaint about services I use (such as doctors, health care, youth/sport clubs, libraries, school, or mental health services)

Agree

Sort of

Disagree

When I need help with my mental health, I know where to get support

Agree

Sort of

Disagree

Children and Young People's rights

30. Have you heard of the United Nations Convention on the Rights of the Child?

☐ Yes

☐ No

31. Do you agree?

I understand my rights and know how to talk about them

Agree

Sort of

Disagree

My rights are understood and respected at school

Agree

Sort of

Disagree

My rights are understood and respected at home

Agree

Sort of

Disagree

All young people in Nottingham have rights

Agree

Sort of

Disagree

About you

We want to make sure that we have spoken to children and young people with lots of different experiences. It would be helpful to know if you identify with any of the following groups. You don't have to answer any of these questions if you don't want to and the information is kept private. If you don't feel comfortable answering the questions in this section, please feel free to skip them.

32. How old are you?

11

12

13

14

15

16

33. Who do you currently live with?

- ☐ One parent in one home
- ☐ Both parents in the same home
- ☐ Both parents in different homes
- ☐ Other family members who are not my parents
- ☐ Foster carer
- ☐ Residential carer
- ☐ Friend(s) / Partner
- ☐ On my own
- ☐ Other: _____

34. Where do you live? (if you live in more than one place, please tick where you live most often)

- | | | |
|--------------------------------------|--|---|
| ☐ Arnold | ☐ Dunkirk | ☐ Old Basford |
| ☐ Aspley | ☐ Forest Fields | ☐ Sneinton |
| ☐ Arboretum | ☐ Heathfield | ☐ St Anns |
| ☐ Bakersfield | ☐ Hyson Green | ☐ Strelley |
| ☐ Basford | ☐ Leen Valley | ☐ Top Valley |
| ☐ Beeston | ☐ Lenton | ☐ West Bridgford |
| ☐ Bestwood | ☐ Mapperley | ☐ Wilford |
| ☐ Bilborough | ☐ Carlton | ☐ Wollaton |
| ☐ Broxtowe | ☐ Radford | ☐ Other |
| ☐ Bulwell | ☐ Rise Park | |
| ☐ City Centre | ☐ Sherwood | |
| ☐ Clifton | ☐ Meadows | |

35. Which of the following best describes you?

- ☐ Boy
- ☐ Girl
- ☐ Non-binary
- ☐ Unsure how to describe myself
- ☐ I don't want to say
- ☐ I don't know

36. Do you have a long-term health problem or disability that limits your day-to-day activities? By "long-term" we mean anything that has lasted, or is expected to last, at least 3 months.

- ☐ Yes, limited a lot
- ☐ Yes, limited a little
- ☐ No
- ☐ Prefer not to say

37. Which of the following best describes your ethnicity?

- | | |
|--|---|
| ☐ Arab | ☐ Black – Caribbean |
| ☐ Asian – British | ☐ Black – Other |
| ☐ Asian – Bangladeshi | ☐ Mixed race – White & Black African |
| ☐ Asian – Chinese | ☐ Mixed race – White & Black Caribbean |
| ☐ Asian – Indian | ☐ Mixed race – White & Asian |
| ☐ Asian – Kashmiri | ☐ Mixed race – Other |
| ☐ Asian – Other | ☐ White – British |
| ☐ Asian – Pakistani | ☐ White – Other |
| ☐ Black – British | ☐ I prefer not to say |
| ☐ Black – African | |